

EPFM

East Pierce Family Medicine Residency

MultiCare Good Samaritan Hospital
Puyallup, Washington



VISION

Educate and empower family physicians as agents of change



MISSION

To train well-rounded, compassionate, resilient physicians, who advocate for wellness in their communities



VALUES

Adaptability, Camaraderie, Curiosity, Integrity, Resilience



East Pierce Family Medicine

- Comprehensive training in family medicine, including obstetrics (training with FM / OB, Laborists, and Community Obstetricians) and addiction medicine, utilizing an innovative longitudinal curriculum.
- Clinic experience in a continuity-focused care model.
- Emphasis on physician wellness and work-life balance.
- Team-approach to patient care. Integrated mental health
- Full range of specialists available for resident training and patient referral.
- Opportunities to teach and mentor Medical Students.
- Outpatient training includes an osteopathic curriculum available to both DO's and MD's.
- Unopposed residency training at a community hospital affiliated with University of Washington, Washington State University, and Pacific Northwest University of Health Sciences.

Good Samaritan Hospital

[MultiCare Good Samaritan Hospital \(Puyallup, WA\)](#)

Hospital information

- 388 licensed beds
- 24-hour emergency services
- Level III trauma center
- Level III neonatal intensive care unit
- Level I trauma rehabilitation center

Patient volumes in 2025

- Admissions: 21,796
- Emergency Department visits: 175,011
- Inpatient surgeries: 3,409
- Outpatient surgeries: 7,431
- Births: 1,803

- Clinic located on the hospital campus, and an easy walk to all hospital facilities.
- 24-hour hospitalists, including medicine, obstetrics, and anesthesia.
- In-Patient residential addiction unit, serving chemically using pregnant women.

MultiCare East Pierce Family Medicine

2026-27 Faculty/Residents Roster

FACULTY



Chelsea Crabtree, DO
Faculty



Elena Dodge, MD
Fellow/Faculty



Sara Emerson, DO
Faculty



Chelsi Goodman, MD
Faculty



Nancy Grubb, MD
Faculty



Eloi Hoopman, DO
Faculty



Joshua McCoy, MD
Faculty



Michael Mosley, MD
Associate Program Director



Aisha Nholi, MD
Fellow/Faculty



Amy Peary, DO Associate
Program Director



Abi Plawman, MD
Program Director
Addiction Medicine



James Raspanti, DO
Faculty



Lisa Retzlaff, DO
Program Director



Patricia Sica, MD
Faculty



Christy Weiland,
PharmD Faculty

RESIDENTS

Class of 2027



Ross Budeau, MD



Daniel Garcia Prieto, MD



Daniel Human, DO



Jasmeen Poonj, DO



Nicholas Ragland, DO



Jaymin Sohail, DO

Class of 2028



Christine Boniak, DO



Gilbert Dang, DO



Arman Gill, DO



Jiaheng Li, DO



Sarina Tran, DO



Keanna Worthy, DO

Class of 2029



Evelyn Belmer, DO



Raquelle Dawood, DO



Rania Galiot, DO



Filtru Hable, MD



Son Huynh, DO



Hannah Prasadam, DO

3-Year Curriculum

R1

Rotation	Time Spent		Rotation	Time Spent
FM In-Patient	16 weeks		Emergency Med	4 weeks
OB	8 weeks		Surgery	2 weeks
<i>Peds In-Patient</i>	8 weeks		Sports Med / Ortho	2 weeks
Clinic Block	4 weeks		Comm Medicine	2 weeks
Elective / HSM	4 weeks		NICU	2 weeks

R2

Rotation	Time Spent		Rotation	Time Spent
FM In-Patient	8 to 10 weeks		Addiction Medicine	2 weeks
OB	8 to 10 weeks		ICU	2 weeks
Sports Med / Ortho	2 weeks		Geriatrics	4 weeks
Clinic Block	4 to 6 weeks		HSM	1 week
Night Shift	4 to 5 weeks		Elective	9 to 11 weeks

R3

Rotation	Time Spent		Rotation	Time Spent
FM In-Patient	4 to 6 weeks		Emergency Med	4 weeks
OB	2 weeks		Gynecology	4 weeks
Outpatient Peds	8 weeks		Sports Med / Ortho	2 weeks
Clinic Block	4 to 6 weeks		HSM / Comm Med	2 weeks
Night Shift	4 weeks		Elective	10 to 14 weeks

Vacation-ineligible weeks are Bolded

Additional Curriculum Incorporated throughout Residency

Osteopathic Manipulative Medicine

Addiction Medicine

Office Procedures

Palliative Medicine

All rotations are within the Good Samaritan campus footprint except for Peds Inpatient at Mary Bridge Children's Hospital in Tacoma and ICU rotation in Spokane.

Longitudinal Curriculum at EPFM

The Longitudinal Curriculum (LC) is designed to meet several goals. These include:

1. Provide excellent clinical training across the breadth of Family Medicine
2. Provide a focus on ambulatory clinic experience, prioritizing continuity of care
3. Protect residents' wellness and work-life balance
4. Provide emphasis on developing professionalism and physician leadership skills
5. We offer tracks including Sports Medicine, Addiction Medicine, and Palliative Care.

To accomplish these goals, we've designed the LC with the following features:

1. Block rotations have been replaced by four 13-week Quarters. Each Quarter contains a variety of 1-2 week "rotations." There are a couple of exceptions to this:
 - R2 and R3's have a 4-week Elective block, which allows for away rotations, if desired
2. Each resident sees patients in out-patient clinic daily, following a "Clinic First" philosophy. There are a couple of exceptions to this:
 - a. Family Medicine in-patient team sees clinic patients one full day per week.
 - b. Residents on OB see a full day of clinic patients when not scheduled on L&D
 - c. R1's on Mary Bridge Peds see clinic patient's once weekly
 - d. Night Shift resident doesn't have clinic for the week of Night Shift
 - e. Thursdays are Didactics Day and are not scheduled for afternoon resident clinics
3. EPFM covers its in-patient Family Medicine service 24/7, 365 days per year.
4. Residents work in shifts, rather than taking call. Shifts are scheduled to be 12 hours long and should never extend beyond 14 hours in length.

Longitudinal Curriculum: R1 Year

R1 Example						
Quarter 1	Week 1	Orientation / Clinic		Quarter 3	Week 27	FMED
	Week 2	Orientation / Clinic			Week 28	FMED
	Week 3	Orientation / Clinic			Week 29	MB Peds
	Week 4	Orientation / Clinic			Week 30	MB Peds
	Week 5	MB Peds			Week 31	ED
	Week 6	MB Peds			Week 32	ED
	Week 7	NICU			Week 33	OB
	Week 8	NICU			Week 34	OB
	Week 9	OB			Week 35	FMED
	Week 10	OB			Week 36	FMED
	Week 11	FMED			Week 37	Surgery
	Week 12	FMED			Week 38	Surgery
	Week 13	Sports / Ortho			Week 39	FMED
Quarter 2	Week 14	Sports / Ortho		Quarter 4	Week 40	FMED
	Week 15	FMED			Week 41	MB Peds
	Week 16	FMED			Week 42	MB Peds
	Week 17	MB Peds			Week 43	Elective
	Week 18	MB Peds			Week 44	Elective
	Week 19	Comm Medicine			Week 45	OB
	Week 20	Comm Medicine			Week 46	OB
	Week 21	OB			Week 47	FMED
	Week 22	OB			Week 48	FMED
	Week 23	FMED			Week 49	ED
	Week 24	FMED			Week 50	ED
	Week 25	Clinic			Week 51	FMED
	Week 26	Clinic			Week 52	FMED

Longitudinal Curriculum: R2 Year

R2 Example						
Quarter 1	Week 1	FMED		Quarter 3	Week 27	Sports / Ortho
	Week 2	FMED			Week 28	Geri
	Week 3	Clinic			Week 29	Geri
	Week 4	Clinic			Week 30	OB
	Week 5	Elective			Week 31	OB
	Week 6	Elective			Week 32	Night Shift
	Week 7	Elective			Week 33	Post NS
	Week 8	Elective			Week 34	FMED
	Week 9	Elective			Week 35	FMED
	Week 10	ICU			Week 36	Geri
	Week 11	ICU			Week 37	Geri
	Week 12	OB			Week 38	Night Shift
	Week 13	OB			Week 39	Night Shift
Quarter 2	Week 14	HSM		Quarter 4	Week 40	Post NS
	Week 15	HSM			Week 41	Elective
	Week 16	FMED			Week 42	FMED
	Week 17	FMED			Week 43	FMED
	Week 18	Elective			Week 44	Night Shift
	Week 19	Elective			Week 45	Night Shift
	Week 20	AddMed			Week 46	OB
	Week 21	AddMed			Week 47	OB
	Week 22	Elective			Week 48	FMED
	Week 23	Elective			Week 49	FMED
	Week 24	OB			Week 50	Night Shift
	Week 25	OB			Week 51	Night Shift
	Week 26	Sports / Ortho			Week 52	Post NS

Longitudinal Curriculum: R3 Year

R3 Example						
Quarter 1	Week 1	Clinic		Quarter 3	Week 27	ED
	Week 2	Clinic			Week 28	ED
	Week 3	Night Shift			Week 29	GYN
	Week 4	Post NS			Week 30	GYN
	Week 5	Night Shift			Week 31	OP Peds
	Week 6	Post NS			Week 32	OP Peds
	Week 7	OB			Week 33	ED
	Week 8	Clinic			Week 34	ED
	Week 9	OP Peds			Week 35	Elective
	Week 10	OP Peds			Week 36	Elective
	Week 11	Elective			Week 37	HSM
	Week 12	Elective			Week 38	HSM
	Week 13	FMED			Week 39	Comm Medicine
Quarter 2	Week 14	FMED		Quarter 4	Week 40	Comm Medicine
	Week 15	OP Peds			Week 41	Sports / Ortho
	Week 16	OP Peds			Week 42	Sports / Ortho
	Week 17	Night Shift			Week 43	GYN
	Week 18	Post NS			Week 44	GYN
	Week 19	Elective			Week 45	OP Peds
	Week 20	Elective			Week 46	OP Peds
	Week 21	Elective			Week 47	Elective
	Week 22	Elective			Week 48	Elective
	Week 23	Clinic			Week 49	Elective
	Week 24	Clinic			Week 50	Elective
	Week 25	FMED			Week 51	Clinic
	Week 26	FMED			Week 52	Elective

Pay and Benefits

EPFM Residents sign 3 one-year contracts

This contract includes pay and benefits provided by MultiCare Health System.

Current salaries per PGY year are:

R1 = 72,716

R2 = \$75,229

R3 = \$77,995

When can we take vacation?

Residents are provided with 17 days (not including weekends) of vacation annually. You can use vacation time up to 5 days per rotation. You can see which weeks are vacations eligible on the Curriculum page of this packet.



Benefits Include:

- Medical Insurance, including dental and vision for Residents and their Families.
- 403(b) Retirement Account
- CME Leave and Allowance
 - R1 - 3 days leave and \$900.00
 - R2 - 5 days leave and \$1,150.00
 - R3 - 5 days and \$1,400.00
- 17 days of Vacation per year
- 12 days of Sick Leave per year
- Fees paid for Licensing Fees, DEA, and Board Certification Exam.
- Tuition and Time-off for Life Safety courses including, BLS, ACLS, PALS, NRP, and ALSO.
- Meal Allowance
- Free Parking

About the Community

(Puyallup: pyoo-AL-up)

Puyallup is a rapidly growing city with easy access to both the Puget Sound and Mount Rainier. It is also home to the Washington State Fair, a fall tradition in Western Washington.

Puyallup is named after a tribe of Native Americans bearing the same name. Meaning “the generous people,” the tribe had a population of 2,000 before European settlers first arrived in the 1850’s.

The city is 5 miles east of Tacoma and 35 miles south of Seattle. With a population of 40,000 people, Puyallup has a small-town feel while being easily accessible to bigger cities. Numerous companies are moving into the community, bringing jobs and opportunities for local residents. Puyallup is linked to both Tacoma and Seattle by the Sounder train, which makes travel to the larger urban centers easy.

There are many outdoor activities located in and around Puyallup. Mount Rainier, a 14,411-foot volcano, dominates much of the landscape. The Puget Sound is a terrific area for boating, scuba diving, and fishing. Ski resorts are within easy distance for day and weekend trips. In addition to the annual Western Washington Fair, the city also hosts the Daffodil Festival, outdoor art gallery downtown, a vibrant farmers market, an antique district, and many “pick-your-own” farms.



EPFM Demographics

74% of our graduates practice in the State of Washington



What are our graduates doing?

Family Medicine Faculty
Outpatient Family Medicine
Direct Primary Care
Healthcare Administration
Hospitalist
Locums
Urgent Care

Graduate Locations

California	Montana
Florida	Nevada
Hawaii	Oregon
Idaho	S Carolina
Michigan	Texas
Minnesota	Utah
Washington	

Current Residents

8 Female / 10 Male

15 DO's and 3 MD's

Graduate Data

63% Female and
37% Male

60% work within
MultiCare
Treatment Area

4.0 TERMS AND CONDITIONS FOR PARTICIPATION IN THE MATCH

7. The program must disclose to applicants all eligibility requirements for training set forth by the sponsoring institution and the program during the recruitment period and before the Rank Order List Certification Deadline. These requirements may include pre-employment testing (e.g., illicit drug screening), background checks (e.g., criminal, financial, etc.), visa sponsorship, and any other requirement(s). Programs must be able to demonstrate that eligibility requirements are made available to each applicant during recruitment and before the Rank Order List Certification Deadline, either electronically or in writing;

EPFM Requirements: You can see our requirements at [Applicant Resources - MultiCare East Pierce Family Medicine Residency](https://www.multicare.org/east-pierce-family-medicine/apply/applicant-resources/)
(<https://www.multicare.org/east-pierce-family-medicine/apply/applicant-resources/>)

Drug and Nicotine Screenings

MultiCare is a smoke-free, drug-free workplace. All employment offers are conditioned upon acceptable pre-employment drug tests which include testing for the use of marijuana and nicotine. As part of our commitment to a healthy workplace, we require employees to obtain an annual flu immunization.

Background Screenings

MultiCare conducts a background check including a search of Washington State Patrol records and a third-party background investigation.

6.2 Interview Period

The recruitment phase for the Main Residency Match must be transparent, grounded in equitable practices, reflect mutual respect for the needs of applicants and programs, and minimize unnecessary pressure. To that end, applicants and programs are bound by the terms of the applicable Match Participation Agreement to demonstrate ethical behavior when engaging in interview offers and acceptances.

During the recruitment phase, programs shall:

1. Extend interview offers that equal, not exceed, the total number of available interview slots;
2. Provide applicants no less than 48 hours to accept or reject an interview invitation; and
3. Apply reasonable measures of notification (e.g., one-to-two weeks' notice) when needing to cancel or reschedule an interview.

During recruitment, programs may expect applicants to make judicious assessment of and decisions about interview offers, accepting only those they intended to fulfill and apply reasonable measures of notification (e.g., one-to-two weeks' notice) when needing to cancel or request rescheduling of an interview.

EPFM Requirements: We will follow AAFP Residency Selection Improvement Initiative Interview Guidelines.

From their website: 2025 Match data highlighted major inefficiencies in the interview process. Family Medicine had 11,000 applicants for 5,000 positions, with programs offering approximately 13 interviews per position. Meanwhile, over one-third of applicants received one or no interview offers. This suggests an opportunity to

NRMP'S MATCH PARTICIPATION AGREEMENT CONDITIONS

improve Main Match fill rates by helping programs identify applicants more likely to match to their programs and encouraging applicants to accept interviews only at programs they are likely to rank highly.

The interview experience can be more effective and efficient for programs and applicants by implementing the following guidelines. They were developed in collaboration with the family medicine organizations and other key stakeholders including AAMC and NRMP and approved by the Association of Family Medicine Residency Directors Board of Directors (AFMRD)

Interview Guidelines for Family Medicine

01	Number of Interview Invitations	Programs offer only as many invitations as interview spots available. This is in accordance with the NRMP Match participation agreement.
02	Interview Offer Release	Programs release initial interview invitations no sooner than one week after applications are released to programs to allow for mission-aligned application review.
03	Applicant Response Time	Programs provide applicants at least 2 business days to accept or reject an interview invitation before releasing the spot to another applicant.
04	Applicant Withdrawal Notice	Applicants who plan to withdraw from an accepted interview should provide at least 2 weeks notice to the program.
05	Applicant Status Notice	Programs notify current applicants of their application status by December 1 st .
06	Virtual/In-person Interviews	Programs may host interviews that are virtual and/or in-person and should clearly specify the available options on their website and applicant materials.

6.3.1 Between the Program and Applicants

2. For the Main Residency Match and SOAP, programs must disclose to applicants, at the start of recruitment, the application service or process they will require.

EPFM Requirements: We use ERAS / Thalamus for all interview processes.

3. Before the Rank Order List Certification Deadline, or the offering of a position through SOAP, the program shall:
 - a. Provide a copy of the appointment agreement that matched applicants will be expected to sign if such an agreement is available, or a copy of the agreement currently in use;
 - i. Once provided, applicants must be notified of any material change to the appointment agreement.
4. Provide all institutional and program policies regarding eligibility for appointment to a residency training position including but not limited to:
 - a. Expected or required academic, educational, or prior training credentials;
 - b. Pre-employment drug testing and background check;
 - c. Information relevant to licensure status or visa status.

Programs shall obtain a signed acknowledgement of such communication from each applicant interviewed or be able to demonstrate that eligibility requirements were made available to each applicant interviewed in accordance with Section 4.0 of this Agreement. The timely disclosure by the program of the official policies of the appointing institution and/or program does not imply that the applicant interviewed will be ranked, will receive a matched position, or have an offer of a position extended during SOAP. The program's obligation to provide complete, timely, and

accurate information extends through the applicant's 45th day following the start date as listed in the appointment agreement for the program position obtained through the Match or SOAP.

Programs must notify matched applicants and the NRMP of any circumstance (e.g., anticipated program closure, insufficient funding resulting in a reduction in training positions, etc.) that may delay, adversely impact, or prevent an applicant from commencing training with a matched program on the start date identified in the appointment agreement.

EPFM Requirements: The contract and other required documents can be found on our website at [Applicant Resources - MultiCare East Pierce Family Medicine Residency](#).

Before Rank Night each applicant will be required to fill out a Microsoft Form confirming they received all the documents listed.

6.4 Confidentiality

Before the Rank Order List Certification Deadline and/or the start of SOAP Offer Rounds:

1. A program may voluntarily communicate to an applicant that they are viewed favorably and will be ranked by the program; however, programs may not solicit verbal or written statements from an applicant implying a commitment to rank the program.
2. Applicants may voluntarily communicate their interest to a program(s); however, applicants may not solicit verbal or written statements from a program(s) implying a commitment to rank the applicant.

EPFM Requirements: Our Program Director will not have substantial contact with applicants after interview day. All communication will go through the Program Coordinator. Email thank you notes are welcome, but mail correspondence is not required.

6.5 Restrictions on Persuasion

Programs have a right to make selection decisions that are free of undue or unwarranted pressure and should report to the NRMP any violations of these rights.

Only the final preferences of programs and applicants as expressed on their final certified rank order list or by offers extended and accepted through SOAP, will determine the offering of positions and placement of applicants through the Match.

Programs are not authorized at any time during the interview, matching, or onboarding processes to:

1. Request that applicants reveal the names, specialties, geographic locations, or other identifying information about the program(s) to which they have or may apply;
2. Request that applicants reveal preference signal(s) if in a specialty participating in preference signaling;
3. Request that applicants reveal any information pertaining to the interviews they were offered, accepted, declined, or attended;
4. Request that applicants reveal ranking preferences;
5. Suggest or inform applicants that placement on a rank order list or a SOAP preference list is contingent upon submission of a verbal, electronic, or written statement indicating the applicant's preference;

6. Make any written, electronic, or verbal offer or contract for appointment to a concurrent year residency or fellowship position before the release of the List of Unfilled Programs; and
7. Have any written, electronic, or verbal contact with a matched applicant not matched into their program for the purpose of offering an interview, offering placement in the program, or requesting the applicant apply to a program.

EPFM Requirements: We will never ask our applicants to give us any of the information listed.

7.6 Communication About Appointments

Violations of any policies pertaining to communication between programs and applicants must be reported to the NRMP at policy@nrmp.org.

7.6.1 Between the Rank Order List Certification Deadline and the notification of Match status

Programs shall refrain from discussing, interviewing for, or offering any position that would run concurrent with positions offered in the Match.

7.6.2 Between the notification of Match status and the conclusion of Match Week:

There may be no communication between fully matched applicants and programs for any reason until the general announcement of the Match results.

EPFM Requirements: We will not be in contact with matched applicants until the NRMP stated time.

MultiCare

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