



# East Pierce Addiction Medicine MultiCare

Puyallup, WA

## MultiCare East Pierce Addiction Medicine Team Roster



Abi Plawman, MD  
Program Director



Chelsea Crabtree, DO  
Faculty



James Raspanti, DO  
Faculty



Eddie Espanol, MD  
Faculty



Dorena Roberts, RN  
Nurse Care Manager



Penny Brands, LPN



Dione Savage,  
Social Worker



Becca Mahaffie  
Program Coordinator

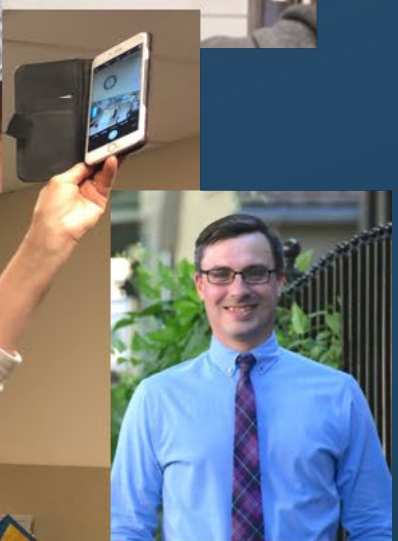


Elena Dodge, MD  
Fellow



Olivia Bentley, DO  
Fellow

Meet our  
Addiction  
Medicine  
Team:



About Our Clinic:

# East Pierce Addiction Medicine Clinic

East Pierce Addiction Medicine strives to offer high quality, office-based treatment for people with substance use disorders. The clinic is staffed by physicians experienced in the treatment of substance use disorders. Our staff is dedicated to nonjudgemental and patient- centered comprehensive care with a focus on evidence-based treatment. We have a dedicated nursing staff, an on-site social worker, and resources throughout the region to help people achieve their goals.



*Our services include:*

- Evaluation and Diagnosis
- Medical Detoxification
- Initiation and maintenance of medication-assisted treatment for substance use disorders
- Care Coordination



About our Hospital:

# Good Samaritan Hospital

Puyallup, WA

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- 360 bed community hospital
- Nonprofit health system
- 24-hour OB, anesthesia, hospitalists
- Inpatient PM&R unit
- Highest-volume ED
- Walking-distance from clinic
- Inpatient OB/SUD treatment program



About our Start Clinic:

## **START Clinic:**

We are committed to improving the care of pregnant women with substance use and addiction. We offer high quality integrated prenatal and addiction care and are able to offer either OB services or addiction medical management in collaboration with your existing care team. The clinic is staffed by physicians experienced in helping pregnant women with addictions, while providing care through all phases of their pregnancy. Our staff is dedicated to nonjudgemental and patient-centered comprehensive care. We have a dedicated nursing staff, an on-site social worker, and resources throughout the region to help people achieve their goals.



Our Services include:

- OB-specific Addiction consultation
- Routine prenatal care
- Medication assisted treatment
- Care coordination and social work

# START UNIT

## Substance Treatment and Recovery Training

- Located at MultiCare Good Samaritan Hospital, this unit is staffed by physicians and counselors experienced in helping pregnant people with addiction. Our inpatient treatment features 1:1 time with counselor, group education and recovery activities using trauma-informed approaches. Patients will be engaged with 12- step recovery concepts and customized care plans to meet their individual needs. During their stay, they will have educational and recovery resource connections, medications for addiction treatment and pregnancy specific addiction consultations. There are also recreational activities for wellness that include walks, crafts, gentle exercise and mindful activities.
- 12 -18 bed inpatient SUD treatment for pregnant individuals.
- Dedicated medical/nursing team, SUDP counselors, chaplain, community groups, +medical trainees
- Community involvement/education
- Resource coordination
- Close collaboration with the birth center, NICU & outpatient clinic

About the START Unit



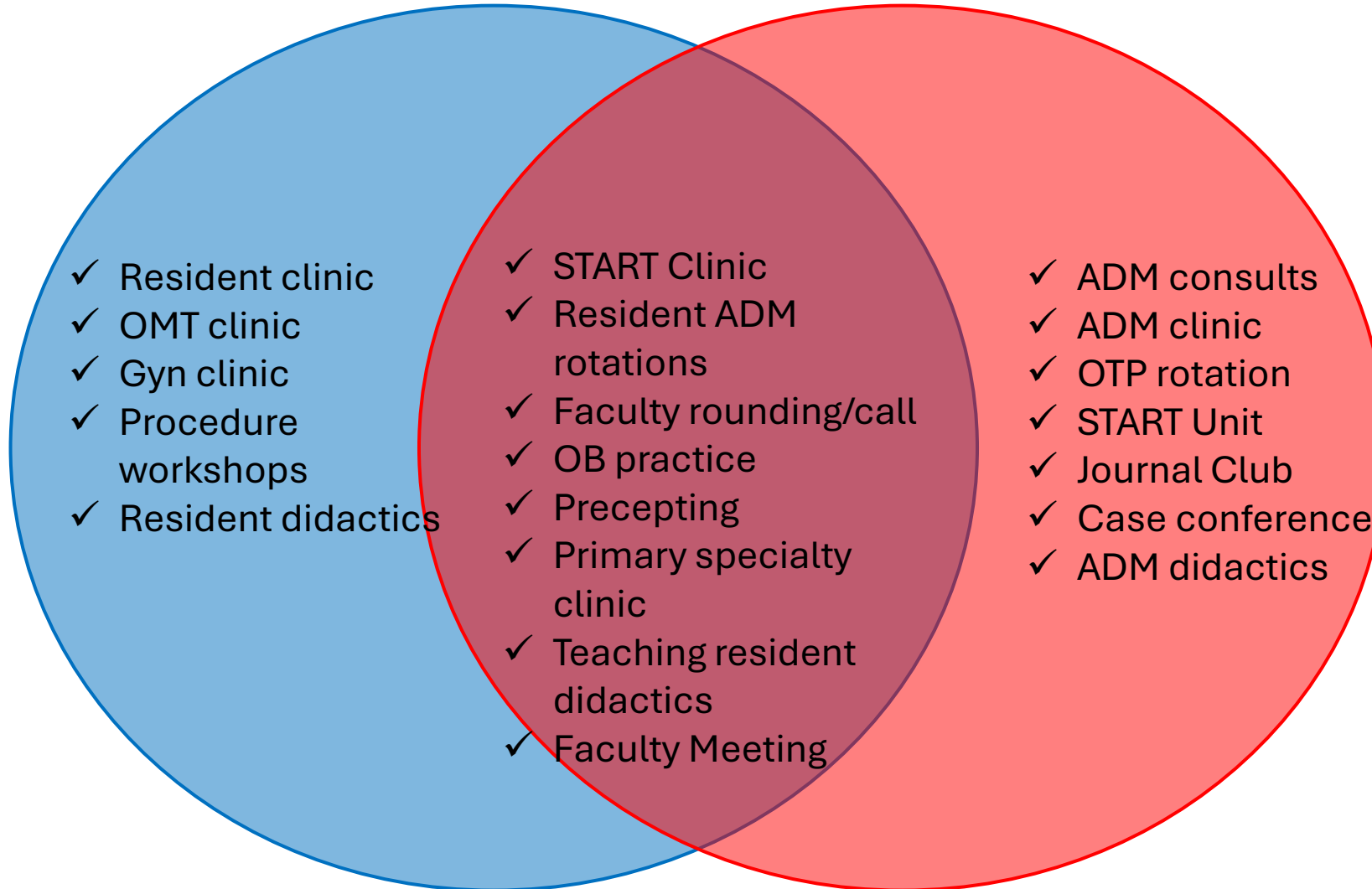
# About the Fellowship:

- ACGME-accredited 12-month fellowship, two-fellow training program in comprehensive Addiction Medicine treatment with a focus on care of pregnant people affected by substance use.
- Opportunity to work across a variety of settings including an outpatient general Addiction Medicine practice, a methadone treatment program, a walk-in clinic serving the needs of pregnant individuals with substance use disorders, a hospital consultation service, and an inpatient treatment program for pregnant individuals.
- Serve as junior faculty at a vibrant Family Medicine residency.



## EPFM Residency

## Add Med Fellowship



### Outpatient Block

Mon	Tues	Wed	Thurs	Fri
ELECTIVE	FM	EPAM	EPAM	OTP
ELECTIVE	PRECEPT/ELEC	START C	DIDACTICS	Court/HOST

### Inpatient Block

Mon	Tues	Wed	Thurs	Fri
INPT	INPT	INPT	EPAM	INPT
INPT	INPT	INPT	DIDACTICS	FM

START Unit Call: approximately weekly + 1 weekend q4-6 weeks

Residency Attending Call: TBD per personal goals

OB (if appropriate): continuity from START clinic plus above residency call

Teaching presentations: approximately quarterly

Journal club: lead approximately 2/year

Scholarly activity: regional/national presentation or publication

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**Core Rotations:**

- EPAM Clinic (adolescent through geriatric MAT)
- START Clinic (OB & SUD)
- ADM Consults (inpatient)
- Kent Comprehensive Treatment Center (OTP)
- Pain management (multiple settings)
- SUDP Assessments/Groups
- START Unit

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**Elective Options:**

- Faculty Development
- Primary Specialty Clinic
- Corrections
- Community Court
- Site Visits
- Homeless Outreach, Stabilization, and Transition
- Create your own!*

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- **Abi Plawman, MD – Program Director**

- “Addiction Medicine is a unique field that allows me to connect with patients, colleagues, and the community around issues that matter deeply to each of us. Being open to each person’s individual journey and balancing this with existing and emerging scientific evidence allows each of us to maximize our ability to motivate positive change. I particularly love to work with pregnant people in recovery, because the transformative powers of pregnancy create a situation of intense growth and change and an opportunity to help more than one generation of people. East Pierce Family Medicine is an ideal place to practice Addiction Medicine, because our primary care support and the “Culture of Awesome” that the residency has created allows us to provide wrap-around care and maintain excitement around teaching and learning.”

For more Information, please email us at  
[AddictionMedicineFellowship@multicare.org](mailto:AddictionMedicineFellowship@multicare.org)

# Join Our Team

East Pierce Addiction Medicine