

## Top 5 Reasons to Train at our Omak RTP

- Innovative longitudinal curriculum integrating outpatient and inpatient training into a daily schedule that mirrors the life of a practicing rural family physician
- Primary care experience at a FQHC specializing in care of an underserved rural population, including a large proportion of non-English speakers
- Team-based care incorporating behavioral health services, peer-counselor supported medication assisted treatment (MAT), naturopathic medicine, obstetrics & women's care, case management and collaboration with FHC dental providers
- Affordable living in an area where you will know patients and become embedded in your community
- World class outdoor recreation with a National Park, renowned cross-country and back country skiing, road and mountain biking, fishing and foraging opportunities on vast areas of public lands, and much more!

# EXPLORE OKANOGAN COUNTY



## OMAK RURAL TRAINING PROGRAM



## PROGRAM PARTNERS

Founded in 1978, Tacoma Family Medicine (TFM) is a community-based Family Medicine residency program sponsored by MultiCare Health System and affiliated with the University of Washington providing care to the underserved of Tacoma. As the senior residency program in the area, we are proud to continue our unopposed learning environment which attracts diverse residents from all over the country.



Mid-Valley Hospital (MVH) is a 25-bed Critical Access hospital in Omak, Washington that has been providing care for patients in and around Omak since 1966. At Mid-Valley Clinic, patients have access to a comprehensive array of advanced healthcare options, including emergency room services for adult and pediatric patients, inpatient care, obstetrical and surgical services. Mid-Valley Medical Group (MVMG) offers primary care, GYN, orthopedics, general surgery, wound care and outpatient psychiatric management.



Established in 1985 with a primary mission to provide high quality health care services for all residents of Okanogan County, regardless of the ability to pay. We are a Federally Qualified Health Center (FQHC) under section 330 of the Public Health Act. Family Health Centers (FHC) is now the primary healthcare system of Okanogan County. Located halfway between the metropolitan areas of Tacoma and Spokane, Okanogan County encompasses nearly 5,300 square miles of pristine, natural beauty making it the largest county in Washington.

We serve over 19,000 individual patients at our 6 Medical sites in Oroville, Tonasket, **Omak (where you would be located)**, Brewster, Bridgeport, and Twisp. We are the only Joint Commission accredited health care provider in Okanogan County.



## PROGRAM INFORMATION

Omak Rural Training Program will welcome our first class of two residents in 2023. The MultiCare Omak Rural Training Program is a unique 1:2 program that enables residents to have a busy urban first year experience in Tacoma, and then relocate for their 2nd & 3rd years to Omak on the Eastern side of Washington State for a completely rural experience.

Residents spend their first year of residency at MultiCare TFM where they will receive valuable inpatient and emergency medicine training. They will then move to Omak where they will spend the final two years of their training integrated into the rural site. The majority of the 2nd and 3rd years will be composed of a "longitudinal rotation" which forms the core rural site experience. Daily inpatient rounding time will allow residents to follow their assigned patients through the course of the inpatient stay, and to build skills in team leadership and rural multitasking as they then move onto their other scheduled activities for the day.



## THE SCHEDULE

Residents will be scheduled for an average of 4 continuity clinic sessions per week to develop strong outpatient primary care skills.

When not rounding or in continuity clinic residents will work with specialists including orthopedics, general surgery, GYN, emergency department, behavioral health and pediatrics for a little time each month on a roughly repeating 4 week schedule, allowing residents to build their knowledge and relationships with community educators over the course of the 2 years.

## MISSION

Embrace the abundance of rural life and practice through improving the health of Okanogan County.

## VISION

To create a vibrant and thriving residency training program that strengthens the medical community of Okanogan County.

## VALUES

- Collegiality
- Diversity
- Respect
- Social Justice
- Rootedness
- Compassion

Scan our QR code to learn more!



## RURAL TRAINING PROGRAM COORDINATORS:

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