

## 2025-2026 - MultiCare Omak Rural Training Program - #1205400728

PGY-1 Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Site	#4	#1	#1	#1	#	#1	#1	#1	#2	#4	#4	#4	#4/#5
Rot Name	FCM	FMI	FMI	FMI	Elective	NICU	OB	OB	Ped Inpt	Ped Out	Sub Spec	Ortho/Sports	Elective Rural
% Outpt	95%	10%	10%	10%	95%	50%	50%	50%	10%	95%	95%	95%	95%
% Research	5%	0	0	0	5%	5%	0	0	0	5%	5%	5%	5%

**Sites:** #1 Urban Tacoma General; #2 Urban Mary Bridge Children’s Hospital; #3 Rural Omak Mid-Valley Hospital; #4 Urban Tacoma Outpatient; #5 Rural Omak Outpatient; #6 Deaconess; #7 Confluence; #8 Regency; and, # **Elective** site is to be determined per resident elective

**Abbreviations:** Central Washington Health Services Association, d/b/a Confluence Health – Omak Campus (**Confluence**); Deaconess Hospital Spokane (**Deaconess**); Fundamentals & Community Medicine (**FCM**); Family Medicine Clinic (**FMC**); Family Medicine Adult Inpatient (**FMI**); Obstetrics (**OB**); Pediatric Inpatient (**Ped Inpt**); Pediatric Outpatient (**Ped Out**); Regency Omak Rehabilitation and Nursing Center (**Regency**); Family Health Centers – Omak (Rural Omak Outpatient); Sub Specialty (**Sub Spec**): per resident selective; and, MultiCare Tacoma Family Medicine (**Urban Tacoma Outpatient**); and, Cardiology (**Cards**)

**Rural PGY-2 and PGY-3 will be a longitudinal experience with Monthly content in Table 1 and Annual content in Table 2**

**Sites:** will be at #3 Rural Omak Mid-Valley Hospital, #5 Rural Omak Outpatient including Family Health Centers FQHC Model FMC, #6 Deaconess; #7 Confluence; #8 Regency

**Longitudinal percentages:** 20% inpatient Site #3, a 25-bed critical access hospital for ER, OR, OB and Adult/Peds inpatient, 75% outpatient, 5% scholarly pursuit

Table 1 – Monthly Content							
Week	Sunday	Monday	Tuesday	Wednesday	Thursday AM	Friday	Saturday
<b>A</b>		Proc Clinic AM Clinic PM	GYN/Specialty AM GYN/Specialty PM	Adult Inpt AM/PM OB CALL	Adult Inpt AM Didactics PM OB CALL	Adult Inpt AM Specialty PM OB CALL	Adult Inpt AM OB CALL
<b>B</b>	Adult Inpt AM OB CALL	Clinic AM Clinic PM	Specialty AM Specialty PM	Clinic AM Clinic PM	Provider meet AM Didactics PM	GYN/Specialty AM Outpt peds PM	
<b>C</b>		Clinic AM Clinic PM	Ortho AM Ortho PM	Clinic AM Clinic PM	Nursing Home AM Didactics PM	Endo/Long Elec AM Specialty PM	
<b>D</b>		Clinic AM Clinic PM	Gen Surg AM Outpt peds PM	Clinic AM Clinic PM	Home visit/clinic AM Didactics PM	ER 8 am – 8 pm	

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- 1) Specialty includes Cards, ENT, Rheum, Uro, BH, Derm, Scholarship, other intown activities 2) Monthly provider meeting includes QI, practice management topics 3) ½ day = 4 hours = one block assignment. On Local elective months: residents will attend clinic and didactics, other time will be used for elective

Table 2 – Annual Content															
½ day Assignments	FMP Clinic	Procedure & Skin	OB Home Call	Adult Inpt ½ days	ER Adult & Ped	Nursing Home Geri	Outpt Peds	Gen Surg	Gyn Clinic & OR	Sub Spec	Ortho	ICU	Local Elect + Clinic	Away Elect	PTO/ CME
PGY2	13/mo	1/mo	5/mo	7/mo	1.5/mo	1/mo	2/mo	8/yr	13/yr	18/yr	16/yr	----	6 wks	4 wks	4 wks
PGY3	13/mo	1/mo	5/mo	7/mo	1.5/mo	1/mo	2/mo	8/yr	13/yr	18/yr	16/yr	2-4 wk	6 wks	2 wks	2 wks
Total	1192 hrs	72 hrs	126 calls	504 hrs	264 hr	100 hrs	144 hr	64 hrs	104 hr	144 hr	128 hr	2-4 wk	12 wks	8 wks	8 wks