

2026-2027 MultiCare Omak Rural Training Program # 1205400728

PGY-1 Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Site	#4	#1	#1	#1	#4	#1	#1	#1	#2	#4	#4	#4	#4/#5
Rot Name	FCM	FMI	FMI	FMI	Elective	NICU	OB	OB	Ped Inpt	Ped out	Subspec	Ortho/sports	Elective rural
% Outpt	95%	10%	10%	10%	95%	50%	50%	50%	10%	95%	95%	95%	95%
% Research	5%	0	0	0	5%	5%	0	0	0	5%	5%	5%	5%

PGY-2 Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Site	#3/#5	#5	#3	#5	#5	#5	#3	#5	#5	#5	#5	#5	#5
Rot Name	Onboard	GYN/Derm	ED	Ped out	Ortho	Ortho	Gen Surg	Elective	Subspec	BH/Geri	Away elec	Subspec	Elective
% Outpt	50%	75%	60%	75%	75%	75%	75%	100%	75%	75%	100%	75%	100%
% Research	0%	0%	0%	0%	0%	0%	0%	0%	5%	0%	0%	5%	0%

PGY-3 Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Site	#5	#5	#3	#5	#3	#5	#5	#5	#5	#6	#5	#5	#5
Rot Name	Subspec	Elective	ED	BH/Geri	Gen surg	Ped out	Subspec	Away elec	GYN/derm	ICU	Ortho	Ortho	Subspec
% Outpt	75%	100%	60%	75%	75%	75%	75%	100%	75%	0%	75%	75%	75%
% Research	5%	1%	1%	1%	1%	1%	5%	0%	1%	0%	1%	1%	5%

Sites: #1 Urban Tacoma General Hospital, Tacoma WA, #2 Urban Mary Bridge Children's Hospital, Tacoma WA #3 Rural Omak Mid-Valley Hospital, Omak, WA #4) Urban Tacoma Outpatient, #5) Rural Omak Outpatient, #6 Urban Multicare Deaconess Hospital, Spokane WA

Abbreviations: FCM Fundamentals & Community Medicine, FMI Family Medicine Adult Inpatient, BH: Behavioral Health, Sub Spec: includes cardiology, urology, rheumatology, ENT, GI, ophthalmology, wound care, sleep medicine, public health, scholarly activity

In the 2026-2027 academic year, the residency changed to mostly a block schedule for the PGY-2 and PGY-3 years.

There are some rotations which are still scheduled on a longitudinal basis during the PGY-2 and PGY-3 years:

- 1) Inpatient adult medicine is scheduled as a 5-day rounding experience every 4 weeks, exclusive of the PGY-2 onboarding month, ED rotations, PGY-3 ICU rotation, and elective rotations
- 2) Obstetrics is scheduled as a 5-day home call experience every 4 weeks to coincide with the inpatient rounding period, exclusive of the PGY-2 onboarding month, ED rotations, PGY-3 ICU rotation, and elective rotations
- 3) Family medicine continuity clinic is scheduled for an average of 2.5 days per week, exclusive of away rotations
- 4) Nursing home rounds are scheduled 0.5 days each month

- 5) Didactics are scheduled as protected time 0.5 days per week
- 6) Residents attend quarterly clinic provider meetings and hospital medical staff and OB committee meetings as part of the practice management/QI curriculum throughout the PGY-2 and PGY-3 years.

Week	Sunday	Monday	Tuesday	Wednesday	Thursday AM	Friday	Saturday
A		Nursing Home AM Clinic PM	Adult Inpt AM/PM OB CALL	Adult Inpt AM/PM OB CALL	Adult Inpt AM Didactics PM OB CALL	Adult Inpt AM/PM OB CALL	Adult Inpt AM/PM OB CALL
B		Clinic AM Clinic PM	Specialty AM Specialty PM	Proc Clinic AM Clinic PM	Provider meet AM Didactics PM	GYN/Specialty AM Outpt peds PM	
C		Clinic AM Clinic PM	Ortho AM Ortho PM	Clinic AM Clinic PM	Clinic AM Didactics PM	Endo/Long Elec AM Specialty PM	
D		Clinic AM Clinic PM	Gen Surg AM Outpt peds PM	Clinic AM Clinic PM	Home visit/clinic AM Didactics PM	ER 8 am – 8 pm	

½ day Assignments	FMP Clinic	Proce- dure & Skin	OB Home Call	Adult Inpt ½ days	ER Adult &Ped	Nursing Home Geri	Outpt Peds	Gen Surg	Gyn Clinic & OR	Sub Spec	Ortho	ICU	Local Elect + Clinic	Away Elect	PTO/ CME
PGY2	13/mo	1/mo	5/mo	7/mo	1.5/mo	1/mo	2/mo	8/yr	13/yr	18/yr	16/yr	—	6 wks	4 wks	4 wks
PGY3	13/mo	1/mo	5/mo	7/mo	1.5/mo	1/mo	2/mo	8/yr	13/yr	18/yr	16/yr	2-4 wk	6 wks	4 wks	4 wks
Total	1192 hrs	72 hrs	126 calls	504 hrs	264 hr	100 hrs	144 hr	64 hrs	104 hr	144 hr	128 hr	2-4 wk	12 wks	8 wks	8 wks

last updated 6/17/2026