

LABORATORIES Northwest Collection Instructions

One-Day Stool Collection

Collection Information: Stool may be collected directly into a clean plastic container (white tub provided). Collection may be facilitated by placing a sheet of plastic wrap (i.e. Saran wrap) over the toilet surface. Urinate prior to stool collection, to avoid contaminating the specimen (contact with water or urine may compromise the specimen). Always label specimens with patient name, Date of Birth, and the date and time of collection.

- Ova & Parasite Testing** (Blue Cap/PVA Vial/ Clear Fluid): **Using the collection spoon attached inside of the lid**, add stool to the vial until the liquid level reaches the “Fill Line”. Replace the cap tightly and shake the specimen until it is completely mixed. Record the patient’s name, date and time of collection on the label.
- Stool Cultures** (Enteric Pathogen Vial/Red Fluid): **Using the collection spoon attached inside of the lid**, add stool to the vial until the liquid level reaches the “Fill Line”. Replace the cap tightly and shake the specimen until it is completely mixed. Record the patient’s name, date and time of collection on the label.
- Giardia** (Clear, Empty Vial): Add a large (walnut sized) portion of stool into the vial, **Using the collection spoon attached inside of the lid**. Replace the cap. Record the patient’s name, date and time of collection on the label.
- C. Difficile-** (Clear, Empty Vial) Only liquid stool specimen that conforms to the shape of the container is acceptable. **Using the collection spoon attached inside of the lid**, place the stool sample in the vial. Non-liquid specimen is not suitable for testing. Record the patient’s name, date and time of collection on the label.

After collection: After collection, discard tub. Check vials for proper labeling. Place the vials into the plastic Biohazard bag provided and refrigerate until they can be transported to the laboratory (up to 48 hours). Bring your physician’s orders or laboratory requisition when the specimens are delivered. Drop off the sample at any LABORATORIES NW location during regular business hours.

Questions? Call Laboratories NW Client Services at (253) 403-1187

LABORATORIES Northwest • PO Box 5299, Tacoma, WA 98415-0299 • (253) 403-1187, (800) 784-5854

LABORATORIES Northwest Collection Instructions

Three-Day Stool Collection

Collection Information: Stool may be collected directly into a clean plastic container (white tub provided). Collection may be facilitated by placing a sheet of plastic wrap (i.e. Saran wrap) over the toilet surface. Urinate prior to stool collection, to avoid contaminating the specimen (contact with water or urine may compromise the specimen). Always label specimens with patient name and the date and time of collection.

Day 1, 2 & 3 – Collect the following sample for each day:

- ✓ **Ova & Parasite Testing** (Blue Cap/PVA Vial/ Clear Fluid): **Using the collection spoon attached to the lid**, add stool to the vial until the liquid level reaches the “Fill Line”. Replace the cap tightly and shake the specimen until it is completely mixed. Record the patient’s name, date and time of collection on the label.

Day 3 only – Besides the above sample, also collect the following samples:

- ✓ **Stool Cultures** (Enteric Pathogen Vial/Red Fluid): **Using the collection spoon attached to the lid**, add stool to the vial until the liquid level reaches the “Fill Line”. Replace the cap tightly and shake the specimen until it is completely mixed. Record the patient’s name, date and time of collection on the label.
- ✓ **Giardia** (Clear, Empty Vial): **Using the collection spoon attached to the lid**, add a walnut sized portion of stool into the vial. Replace the cap. Record the patient’s name, date and time of collection on the label.
- ✓ **Giardia** (Clear, Empty Vial): **Using the collection spoon attached to the lid**, add a walnut sized portion of stool into the vial. Replace the cap. Record the patient’s name, date and time of collection on the label.

After collection: After collection, discard tub. Check vials for proper labeling. Place the vials into the plastic Biohazard bag provided and refrigerate until they can be transported to the laboratory (up to 48 hours). Bring your physician’s orders or laboratory requisition when the specimens are delivered. Drop off the sample at any LABORATORIES NW location during regular business hours.

Questions? Call Laboratories NW Client Services at (253) 403-1187

LABORATORIES Northwest • PO Box 5299, Tacoma, WA 98415-0299 • (253) 403-1187, (800) 784-5854