

Physiatry

Candidate	Anyone that has one of the conditions below or needs a service listed. Not listed, but you feel they still will benefit our services, send referral over.	
What is Physiatry?	Physical Medicine and Rehabilitation (PM&R) physicians, also known as physiatrists, treat a wide variety of medical conditions affecting the nerves, bones, joints, ligaments, muscles, and tendons. We focus treatment on improving function and quality of life.	
Location Where will the patient be seen?	MultiCare Rockwood Clinic Physiatry 400 E. 5 th Ste 3N, Spokane WA, 99202 Phone: 509-724-4300 Fax: 509-724-4311	
Conditions What clinical conditions are treated?	Neck pain Back pain Hip pain Knee pain Shoulder pain Nerve entrapments Carpal tunnel Cubital tunnel Peroneal nerve Peripheral neuropathy	Radiculopathy Myelopathy Amputee care Functional deficits Stroke Brain injury Spinal cord injury Spasticity management Numbness Paresthesia
Services What clinical services and procedures are offered??	Non-surgical management Pre-surgical treatment and screening of spinal issues Education Home exercises Therapy Biomechanical assessments Nerve studies and treatment Medications Bracing Botox, Dysport, Xeomin, Myobloc MSK ultrasound	Trigger points Knee injections Hip injections Shoulder injections Tendon injections Elbow injections Carpal tunnel injections Piriformis injection Wrist injections Greater trochanteric bursa injections Joint injections Knee genicular nerve blocks
Collaboration	Our team uses the Epic electronic health record (EHR). <ul style="list-style-type: none"> • For physicians and professional providers using Epic, you'll be copied on all notes related to the patient. • For physicians and professional providers outside of Epic, notes will be faxed to you 	
Referral How do we refer?	We accept referrals through Epic or faxed to our office (fax numbers listed above). REF047 Referral to Physical Medicine and Rehabilitation	





Ryan Barnes, MD

Board certification: American Board of Physical Medicine and Rehabilitation; American Board of Electrodiagnostic Medicine

Special interests: Abdominal wall pain, EMG, MSK ultrasound



Bob Lee, MD

Board certification: Diplomate, American Board of Physical Medicine, and Rehabilitation; Diplomate, American Board of Electrodiagnostic Medicine

Special interests: EMG, Neuropathy



Scott Grosse, MD

Board certification: American Board of Physical Medicine and Rehabilitation

Special interests: Spine injection evaluation



Alicia Phillips, MD

Board certification: American Board of physical medicine and rehabilitation

Special interests: Cervical dystonia, spasticity management, Botox for migraines and trigeminal neuralgia, myofascial dysfunction, trigger point injections, ultrasound-guided joint injections, Poststroke rehabilitation



Steven Hansen, DO

Board certification: American Board of physical medicine and rehabilitation

Special interests: EMG, Knee RFA, Botox for migraines, MSK ultrasound, trigger point injections, ultrasound-guided joint injections, peripheral nerve injections, post-stroke spasticity



Josiah Newton ARNP

Certification: American Nurse Credentialing Center - Family Nurse Practitioner

Special interests: Non-surgical Spine care, myofascial release with trigger point injections, trigeminal neuralgia, compression fractures, Small Fiber Nerve Biopsy



Brennan Wright, MD

Certification: American Board of Physical Medicine and Rehabilitation

Special interests: Epidural steroid injections, Nerve blocks, Radiofrequency ablation, Peripheral joint injections, Kyphoplasty, Spinal cord stimulation