

## Colon & Rectal Surgery

<p><b>Candidate</b> Who can be referred?</p>	<p>Adults (18+)</p>	
<p><b>Work-up</b> What is required?</p>	<p>Doctor-to-doctor referral is appreciated. Please fax any relevant chart notes, labs/tests and imaging if not in Epic. Prior endoscopy and colonoscopy results should be submitted.</p>	
<p><b>Location</b> Where will the patient be seen?</p>	<p><b>MultiCare Colon &amp; Rectal Surgery – Tacoma</b> 3124 S. 19th St., Suite C220 Tacoma, WA 98405 Monday-Friday, 8am-5pm Phone: 253-301-5050 Fax: 253-301-6885</p>	<p><b>MultiCare Colon &amp; Rectal Surgery – Puyallup</b> 1450 5th St. SE, Suite 2100 Puyallup, WA 98372 Monday-Friday, 8am-5pm Phone: 253-697-3950 Fax: 253-697-3950</p>
<p><b>Services</b> What clinical services and procedures are offered?</p>	<p><b>Treatable conditions</b></p> <ul style="list-style-type: none"> <li>• Anal fissures</li> <li>• Anal fistula</li> <li>• Anal skin tags</li> <li>• Colon cancer</li> <li>• Colon surgery</li> <li>• Colon &amp; rectal polyps</li> <li>• Crohn’s disease</li> <li>• Diverticulitis</li> <li>• Fecal incontinence</li> <li>• Hemorrhoids</li> <li>• Hernia</li> <li>• Lymph node biopsy/excision</li> <li>• Rectal &amp; anal lesions</li> <li>• Seton placement</li> <li>• Tubular adenoma</li> <li>• Ulcerative colitis</li> </ul> <p><b>On-site services/procedures</b></p> <ul style="list-style-type: none"> <li>• Hemorrhoid ligation, anascopy, proctoscopy</li> </ul>	
<p><b>Collaboration</b> How will we coordinate care for the patient?</p>	<p>Our team uses the Epic electronic health record (EHR).</p> <ul style="list-style-type: none"> <li>• For physicians using Epic, you’ll be copied on all notes related to the patient.</li> <li>• For physicians outside Epic, notes will be faxed to you.</li> </ul>	
<p><b>Referral</b> How do we refer?</p>	<ul style="list-style-type: none"> <li>• Epic users may refer to MultiCare Colon and Rectal Surgery (Epic ID REF006).</li> <li>• Outside of Epic, you may fax Tacoma at 253-301-5070 or Puyallup at 253-864-4028, or call Tacoma at 253-301-5050 or Puyallup at 253-697-3950.</li> <li>• TRICARE, Medicare Advantage and US Family Health plans require prior authorization.</li> </ul>	

## Meet our specialists



### Laila Rashidi, MD, FACS, FASCRS

**Professional School:** Ross University School of Medicine

**Residency:** University of Texas, Medical Branch

**Fellowship:** Swedish Medical Center

**Certification:** Colon and Rectal Surgery



### Gabriela M. Vargas, MD, MS, FACS, FASCRS

**Professional School:** University of Utah School of Medicine

**Residency:** University of Utah, Louisiana State University in Shreveport

**Fellowship:** Louisiana State University in Shreveport

**Certification:** Colon and Rectal Surgery, General Surgery



### Debra Lai, DO

**Professional School:** Lincoln Memorial University-DeBusk College of Osteopathic Medicine

**Residency:** Medical City Fort Worth

**Fellowship:** Swedish Colon & Rectal Clinic – First Hill

**Certification:** American Board of Surgery



### Callan Kosnic, PA-C

**Certification:** Physician Assistant



### Sunshine Pille, PA-C

**Certification:** Physician Assistant