

Center for Weight Loss & Wellness

Medical Weight Loss

<p>Candidate Who can be referred?</p>	<p>Patients 16 years or older</p>
<p>Work-up What is required?</p>	<p>There is no formal work up required before the first appointment. Relevant information to be included in your referral.</p>
<p>Location Where will the patient be seen?</p>	<p>MultiCare Center for Weight Loss & Wellness Phone: 253-301-5280 Hours: Monday-Friday, 8am-5pm</p> <p>Clinics:</p> <ul style="list-style-type: none"> • Covington – 17700 SE 272nd St., Suite 190, Covington, WA 98042 • Gig Harbor – 4545 Point Fosdick Dr., Suite 250, Gig Harbor, WA 98335 • Olympia – 408 Lilly Rd., Suite B, Olympia, WA 98506 • Puyallup – 1450 5th St. SE, Suite 1300, Puyallup, WA 98372 • Tacoma – 2202 S. Cedar, Suite 200, Tacoma, WA 98405
<p>Services What clinical services and procedures are offered?</p>	<ul style="list-style-type: none"> • Regular appointments with board-certified bariatricians • One-on-one nutrition counseling with registered dietitians • Behavioral health counseling with licensed and certified mental health providers • Individualized nutrition and exercise plans based on personal health goals and barriers to weight loss • Simplified access to other medical and supportive resources • Research-based program not reliant on packaged products
<p>Referral How do we refer?</p>	<p>Provider referrals are preferred but patients may also self-refer.</p> <ul style="list-style-type: none"> • Referrals can be placed in Epic by using REF325, then selecting department 32801. • Providers without Epic access can fax referrals to 253-627-1425. <p>Note: This referral is for non-surgical/medical weight loss. If you are referring to surgical weight loss/bariatric surgery, use REF326 and department 32805 or fax to 253-627-4608.</p>

Meet our specialists



Jeffrey Hooper, DO

Medical Director, Medical Weight Loss

Certification: American Board of Obesity Medicine and American Osteopathic Association

Medical association memberships: American College of Osteopathic Internists, American Osteopathic Association, Obesity Medicine Association and The Obesity Society

Special interests: Obesity medicine and obesity-related conditions (e.g., diabetes, fatty liver disease, irritable bowel syndrome, food allergies/sensitivities, polycystic ovarian syndrome, female/male hormone replacement)



Ayumi Salva, DO

Certification: American Board of Obesity Medicine, American Osteopathic Board of Internal Medicine and Registered Dietitian

Medical association memberships: American Medical Association, American Osteopathic Association and Obesity Medicine Association

Special interests: Obesity medicine, nutrition and preventive medicine



Srinivasa Meka, MD

Certification: American Board of Family Medicine and American Board of Obesity Medicine

Medical association memberships: American Academy of Family Medicine and Obesity Medicine Association

Special interests: Medical weight loss and diabetes management



Carrie Wong, MD

Certification: American Board of Obesity Medicine and American Board of Obstetrics and Gynecology

Medical association memberships: Obesity Medicine Association; Fellow, American College of Obstetrics and Gynecology

Special interests: Obesity and weight management, polycystic ovary syndrome, hypertension and diabetes