

## Center for Weight Loss & Wellness Bariatric Surgery

<p><b>Candidate</b> Who can be referred?</p>	<p>13 years or older</p>
<p><b>Work-up</b> What is required?</p>	<p>All patients must attend a bariatric seminar. Program and registration information is found online at <a href="http://multicare.org/bariatricseminar">multicare.org/bariatricseminar</a> or by calling 253-301-5280. Note: Seminar requirement is waived for patients who had a weight loss procedure previously.</p>
<p><b>Location</b> Where will the patient be seen?</p>	<p><b>MultiCare Center for Weight Loss &amp; Wellness – Bariatric Surgery</b> <b>Phone:</b> 253-301-5280 <b>Hours:</b> Monday-Friday, 8am-5pm <b>Clinics:</b></p> <ul style="list-style-type: none"> <li>• Covington: 17700 SE 272nd St., Suite 190, Covington, WA 98042</li> <li>• Olympia: 408 Lilly Road NE, Unit B, Olympia, WA 98506</li> <li>• Puyallup: 1450 5th St. SE, Suite 1300, Puyallup, WA 98372 (dietitian only)</li> <li>• Tacoma: 2202 S. Cedar, Suite 200, Tacoma, WA 98405</li> </ul> <p><b>Hospitals:</b> Procedures performed at MultiCare hospitals in Covington, Auburn, and Tacoma</p>
<p><b>Services</b> What clinical services and procedures are offered?</p>	<p><b>Surgical weight loss options</b></p> <ul style="list-style-type: none"> <li>• Sleeve gastrectomy</li> <li>• Roux-en-Y gastric bypass</li> <li>• SIPS duodenal switch</li> <li>• Revisional bariatric surgery</li> <li>• Adjustable gastric band maintenance</li> <li>• Long-term post-surgical care (including those who didn't get surgery at MultiCare)</li> </ul> <p><b>Registered dietitians</b></p> <ul style="list-style-type: none"> <li>• Pre- and post-op nutrition counseling</li> <li>• Behavioral counseling</li> </ul> <p><b>Psychologist</b></p> <ul style="list-style-type: none"> <li>• Pre-op bariatric psychological assessments</li> <li>• Behavioral therapy counseling</li> </ul>
<p><b>Collaboration</b> How will we coordinate care for the patient?</p>	<p>Our team uses the Epic electronic health record (EHR).</p> <ul style="list-style-type: none"> <li>• Patient care coordinators walk patients through the process of pre-surgery approval and surgical requirements.</li> <li>• Epic physicians are copied on notes related to the patient.</li> <li>• For physicians outside Epic, notes are faxed to your office.</li> </ul>
<p><b>Referral</b> How do we refer?</p>	<p><b>Commercial &amp; Medicare/Medicare Advantage plans:</b> Provider referrals are preferred but patients may also self-refer.</p> <ul style="list-style-type: none"> <li>• Referrals can be placed in Epic by using REF326, then selecting department 32805 (surgical weight loss).</li> <li>• Providers without Epic access can fax referrals to 253-627-4608.</li> </ul> <p><b>Medicaid plans:</b></p> <ul style="list-style-type: none"> <li>• Referral with health plan authorization for stage 2 is required.</li> <li>• Stage 2 tip sheet is available. Please call 253-301-5331 or send Epic In Basket to pool ID 10368.</li> </ul>

## Meet our surgeons



### James Sebesta, MD

**Medical Director, Bariatric Surgery**

**Certification:** The American Board of Surgery

**Medical association memberships:** American College of Surgeons, American Society of Metabolic and Bariatric Surgery

**Special interests:** Obesity, gastroesophageal reflux disease, abdominal wall hernias and other gastrointestinal surgical disease



### Kelly S. Blair, MD

**General & Bariatric Surgery**

**Certification:** The American Board of Surgery

**Medical association memberships:** American College of Surgeons, American Medical Association, Washington State Medical Society

**Special interests:** Bariatric surgery, minimally invasive surgery/laparoscopic procedures/robotics, GERD/reflux and LINX, hernias and breast cancer



### Michael R. Keating, MD

**General & Bariatric Surgery**

**Certification:** The American Board of Surgery

**Special interests:** Laparoscopic and robotic sleeve gastrectomy, Roux-en-Y gastric bypass, revision bariatric surgery, hernia repair, anti-reflux procedures such as Nissen fundoplication



### Benedict Hui, MD

**General & Bariatric Surgery**

**Certification:** The American Board of Surgery

**Medical association memberships:** American Medical Association, American Society for Metabolic and Bariatric Surgery, Society of American Gastrointestinal and Endoscopic Surgeons

**Special interests:** Laparoscopic and robotic sleeve gastrectomy, Roux-en-Y gastric bypass, revision bariatric surgery, hernia repair, anti-reflux procedures

