# How to refer



# MultiCare Capital Urology

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Where will the patient be seen?

#### **MultiCare Capital Urology**

601 McPhee Rd SW, Building 1 Olympia, WA 98502 Phone: 360-596-4614

Fax: 360-596-4615

## Services

What clinical services and procedures are offered?

#### Prostate cancer screening

- Shared decision making encouraged in men ages 55-69
- Screening entails PSA/DRE every 1-2 years

#### **BPH**

- Obstructive symptoms (weak stream, difficulty starting, intermittency) trail alpha blocker 4-6 weeks
- Irritative symptoms (urgency, frequency, nocturia) trial anticholinergics or beta 3 agonist (Myrbetriq) x 3 months
- If patients remain unsatisfied, refer to uroloaist
- Many new and exciting minimally invasive prostate procedure are available

#### Microscopic hematuria

- Always obtain microscopic analysis, POC UA not sufficient
- Refer if > 3 RBC/HPF

#### Gross hematuria

- R/O UTI with culture
- 20 per cent risk of GU malignancy
- Refer to urologist

#### Kidney stones

• Obtain non contrast CT prior to referral

## **Urologic** malignancy

Always refer

#### Recurrent urinary tract infections

- AUA defines as > 3 culture proven UTI's in the past year or 2 culture proven UTI's in 6 months
- Always obtain urine culture if infection is suspected
- Treatment goal is to reduce frequency unlikely to prevent all infections
- Prevention adequate hydration, OTC cranberry extract, methenamine 1 gm PO BID, vaginal estrogens, daily prophylactic antibiotic as last resort
- Refer to infectious disease for multi drug resistant organism

#### Chronic foley or suprapubic catheter

- Change q4 weeks
- Always colonized with bacteria only treat for infection if symptomatic (hematuria, urgency, frequency, fever, chills)

#### Scrotal swelling

- Always obtain scrotal US
- Refer to urologist for hydrocele spermatocele or testicular mass present Refer to general surgery for hernias

#### Renal cyst

- Simple renal cyst. Always benign. No follow up indicated.
- Complex renal cyst. May be malignant. Urology referral recommended

#### Referral

How do we refer?

Courtesy referral is required for all patients.

- Epic users may refer directly to MultiCare Capital Medical Urology (Epic ID REF061).
- Providers outside of Epic, please fax to 253-697-3939 or call 253-697-3333.

TriCare, MedAdvantage and US Family Health plans require prior authorization.

# How to refer



# Meet our specialists



Richard N. Greene, MD

Certification: American Board of Urology

Professional School: Wright State University School of Medicine

Residency: Madigan Army Medical Center

Special Interests: Treating benign prostatic hyperplasia using minimally invasive techniques that

can significantly improve quality of life.



#### John Muenchrath, MD

**Certification:** American Board of Urology

**Professional School:** Oregon Health & Science University **Residency:** University of Oklahoma College of Medicine

Special Interests: Diseases and tumors of the kidneys, ureters, bladder and male genitalia.



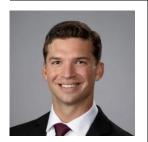
### Patrick Murray, MD

Certification: American Board of Urology

Professional School: Virginia Commonwealth University School of Medicine

Residency: Maine Medical Center

Special Interests: BPH (enlarged prostate), kidney stones and cancers of the urinary tract.



#### **Jonathan Clemons, PA-C**

Certification: National Commission for the Certification of Physician Assistants

Professional School: University of Nebraska Medical Center

Special Interests: Urinary tract infections, kidney stones, BPH, erectile dysfunction and urinary

incontinence.



### **David Elkins, PA-C**

Certification: National Commission for the Certification of Physician Assistants

Professional School: Cook County Hospital Physician Assistant Program

Special Interests: Men's health, men's sexual health, kidney stones, prostate cancer, BPH, urinary

incontinence and infertility.