

## Physical Therapy

|  |   |
|--|---|
| <p><b>Candidate</b><br/><i>Who can be referred?</i></p>                              | <p>Youth ages 10+ adults.</p>   |
| <p><b>Work-up</b><br/><i>What is required?</i></p>                                   | <p>Referral</p>   |
| <p><b>Location</b><br/><i>Where will the patient be seen?</i></p>                    | <p><b>MultiCare Yakima Memorial Lakeview</b><br/>1470 N. 16th Ave.<br/>Yakima, WA 98902<br/>Phone: 509-574-6050<br/>Fax: 509-249-4453</p>   |
| <p><b>Services</b><br/><i>What clinical services and procedures are offered?</i></p> | <ul style="list-style-type: none"> <li>• Orthopedic joint rehabilitation</li> <li>• Oncology rehabilitation and cancer exercise</li> <li>• Vestibular and vertigo treatment</li> <li>• Pregnancy related pain</li> <li>• Balance and fall prevention</li> <li>• Post Covid/ long Covid rehabilitation</li> <li>• Chronic pain</li> <li>• Low back pain</li> <li>• Motor vehicle accident rehabilitation</li> <li>• Parkinson's</li> <li>• Post-Concussion syndrome</li> <li>• Living with chronic conditions including RA and fibromyalgia and other</li> </ul> |
| <p><b>Collaboration</b><br/><i>How will we coordinate care for the patient?</i></p>  | <p>We can provide notes in Epic, or direct physician to physician phone calls.</p>  |
| <p><b>Referral</b><br/><i>How do we refer?</i></p>                                   | <p>Our team uses the Epic electronic health record (EHR), and Epic users can send referrals using code: <b>REF048</b><br/>Non-Epic users can fax referrals to 509-249-4453.<br/>For Urgent and STAT referrals, please contact Lakeview directly at 509-574-6050.</p>  |

## Meet our specialists

|  |  |
|--|--|
|  | <p><b>Ryan Sprunger, PT, DPT</b><br/><b>Lakeview Physical Therapy</b><br/><b>Special interests:</b> in chronic condition rehabilitation including back pain, concussion syndrome, rheumatoid arthritis, Ehlers Danlos syndrome, long covid, fibromyalgia, and chronic whiplash. In-depth patient interviews and chart review for improved quality of life despite diagnosis or trauma.</p> |
|  | <p><b>Shana Mattson, PT, DPT, COMS, CES</b><br/><b>Lakeview Physical Therapy</b><br/><b>Certified:</b> Cancer Exercise Specialist and Orthopedic Movement Specialist<br/><b>Special interests:</b> pregnancy related and postpartum pelvic and back pain. Works to improve mobility, stamina, balance, and wellness in each patient she sees.</p>  |
|  | <p><b>Blake Hummel, PT, DPT</b><br/><b>Lakeview Physical Therapy</b><br/><b>Special interests:</b> vestibular rehabilitation and orthopedics as well as outpatient neurologic rehabilitation. Working to improve balance and gait in Parkinson's, CVA, and others. Works closely with in-house physiatry to maximize benefits of therapy.</p>  |