

Rheumatology

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| <p>Candidate Who can be referred?</p> | <ul style="list-style-type: none"> • Adults ages 18+ • Confirmed or highly suspected rheumatologic condition. • Conditions not evaluated are unspecified pain, swelling, chronic fatigue, fibromyalgia, multiple joint pain, osteoarthritis, myalgia, arthralgia, DJD, non-inflammatory back pain, hypermobility syndromes, and osteoporosis. |
| <p>Work-up What is required?</p> | <p>Chart notes supporting a specific rheumatologic condition, current (within six months) lab work up required</p> <p>Known psoriasis with concern for psoriatic arthritis</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) <p>Refractory gout (gout that has not responded to urate lowering therapy or with severe, tophaceous disease)</p> <ul style="list-style-type: none"> ○ Please include prior medication trials, doses in consult request ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Serum uric acid ○ Comprehensive metabolic panel ○ CBC with differential <p>Small joint arthritis (hands and feet). Example diagnoses: RA, Sjogrens, psoriatic arthritis, lupus</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Rheumatoid factor RF ○ Anti-cyclic citrullinated peptide (CCP or ACPA) ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) <p>Large joint arthritis (eg knees, hips, shoulders) Example diagnoses: RA, PMR, gout, pseudogout, psoriatic arthritis, other spondyloarthritis</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Rheumatoid factor RF ○ Anti-cyclic citrullinated peptide (CCP or ACPA) ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) ○ Uric acid <p>Inflammatory back pain (worse with rest, improves with activity, typically in patient <50 years old) Example diagnoses: Ankylosing spondylitis, Inflammatory bowel disease related</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) ○ HLA-B27 |

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| | <p>Rash/skin changes plus arthritis or other systemic features -- if rash only, please discontinue and place dermatology consult).</p> <p>Example diagnoses: Lupus, Sjogrens, MCTD, scleroderma, psoriatic arthritis</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) ○ ANA by IFA with profile <p>Inflammatory muscle disease (muscle weakness with or without rash)</p> <p>Example diagnoses: Dermatomyositis, polymyositis</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Creatine phosphokinase (CPK) ○ Aldolase ○ AST ○ ALT ○ Lactate dehydrogenase ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) <p>Constitutional symptoms or multi-organ dysfunction concerning for Vasculitis</p> <p>Example diagnoses: Giant cell/Temporal arteritis, ANCA associated vasculitis, IgA vasculitis</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) ○ ANCA antibodies (p-ANCA, c-ANCA, MPO, PR3) ○ ANA by IFA with profile |
| <p>Location Where will the patient be seen?</p> | <p>MultiCare Yakima Memorial Lakeview 1470 N. 16th Ave. Yakima, WA 98902 Phone: 509-574-6000 Fax: 509-225-2714</p> |
| <p>Services What clinical services and procedures are offered?</p> | <p>Focus on diagnosis and treatment of the following autoimmune diseases:</p> <ul style="list-style-type: none"> • Gout • Rheumatoid Arthritis • Psoriatic Arthritis • Polymyalgia Rheumatica • Ankylosing Spondylitis • Systemic Lupus • Giant Cell (Temporal) Arthritis • Sjogren's Syndrome • Scleroderma • Mixed connective tissue disease • Vasculitis • Giant Cell (Temporal)Arteritis • ANCA associated Granulomatosis with polyangiitis • Microscopic polyangiitis • Polyarteritis nodosa • Takayasu Arteritis • Inflammatory Myositis • Relapsing Polychondritis |
| <p>Care Communication</p> | <p>We can provide notes in Epic, or direct physician to physician phone calls.</p> |

Referral

How do we refer?

Our team uses the Epic electronic health record (EHR), and Epic users can send referrals using code:

REF056

Non-Epic users can fax referrals to 509-225-2714.

For Urgent and STAT referrals, please contact Lakeview directly at 509-574-6000.

Meet our specialists



De-Ann Rose Williams, MD

Lakeview Rheumatology

Board certification: Internal Medicine and Rheumatology

Education: Internal Medicine residency at State University of New York Health Sciences Center (SUNY), Brooklyn and fellowship at University of Massachusetts Medical School

Clinical interests: Systemic lupus erythematosus, Rheumatoid arthritis, psoriatic arthritis, and gout



Sarah Dill, MD

Lakeview Rheumatology

Board certification: Internal Medicine and Rheumatology

Education: Medical school at University of Washington Medical School, Internal Medicine training at University of Colorado, and fellowship training at the University of Colorado

Special interests: Rheumatoid & Psoriatic arthritis, inflammatory muscle disease, vasculitis



Timothy Rinden, DO

Lakeview Rheumatology

Board certification: Internal Medicine with fellowship training in Rheumatology

Education: Medical School at Pacific Northwest University of Health Sciences, Internal Medicine Residency at Hennepin Healthcare, and fellowship at University of Minnesota

Special interests: Crystalline arthropathies, Rheumatoid arthritis, myositis