

MultiCare Cancer Institute Virtual Support Group

For cancer patients, survivors and caregivers seeking support and community

The objective of the Virtual Cancer Support Group is to provide a nurturing and positive environment with a strength-based approach to help participants process emotions and develop effective coping skills while engaging with peers.

The support group is facilitated by Tamara Miller, MSHS, BCPA, with MultiCare Cancer Institute – Puyallup.



Why join the Virtual Cancer Support Group?

- Opportunity to connect with fellow survivors
- Receive and provide mutual support
- Learn coping techniques
- Educational component featuring monthly guest speakers covering various cancer-related topics

Open to cancer patients, survivors and caregivers at any stage in treatment.

Additional information

- **Where:** Virtually via Microsoft Teams
- **When:** First Thursday of the month from 1:00 to 2:30 pm
- **Facilitator:** Tamara Miller, MSHS, BCPA
- **Cost:** Free!

Questions? For more information or to join the Virtual Cancer Support Group, contact Tamara Miller at 253-697-4899.

MultiCare 
Cancer Institute