

## MHS Home/Alternate Site Infusion Services Methylprednisolone Infusion Order Set

ALL ORDERS MUST BE SIGNED AND DATED BY PRESCRIBING PROVIDER

<b>Patient Name:</b> _____	<b>DOB:</b> ____/____/____	<b>Weight:</b> _____ lb/kg
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<b>Patient Phone Number:</b> (____) ____-____	<b>Requested Date of Service:</b> ____/____/____
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**Patient Allergies:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_ **ICD – 10 Code:** \_\_\_\_\_

- Z45.2: Encounter for adjustment and management of vascular access device
- Z95.828: Presence of other vascular implants and grafts

**Lab Orders:** \_\_\_\_\_

**Additional Requirements:** In addition to order, please include H&P with documentation to support diagnosis. Must include ICD-10 Code(s) and supporting labs. **\*\* Emergency phone number for provider \_\_\_\_\_ (required) \*\***

### Provider Order for Methylprednisolone Infusion

ORDERS WITH CHECK  
BOXES

When an order is optional (those with check boxes), providers are responsible for indicating a check mark in the box next to the order. Orders left unchecked will not be initiated.

**Medication:**

- Methylprednisolone 1000 mg in 250 mL NS IV infusion over 60 minutes daily for 3 doses
- Methylprednisolone 1000 mg in 250 mL NS IV infusion over 60 minutes x 1, then Methylprednisolone 1000 mg in 100 mL NS IV infusion over 30 minutes daily x 2 doses, via elastomeric pump (patient to self-administer medication at home)
- Methylprednisolone: \_\_\_\_\_

**Additional Medications** for vascular access maintenance:

- 0.9% NaCl (NS) PF flush in 10 mL syringe: Administer 5 – 30 mL IV as needed for establishing and maintaining IV access and for flushing IV line post infusion.
- Heparin: 100 units/mL for port OR 10 units/mL for other central line or midline, 3-5 mL PRN for de-accessing line.
- Cathflo (alteplase) 2 mg: Instill 2 mg (2 mL) into occluded catheter as needed for CVC/CVAD occlusion.
- Diphenhydramine 25 mg IV once, as needed for itching.
- Acetaminophen 325-650 mg tab/cap by mouth once, as needed for pain.

**Skilled Nurse Interventions:**

- Admit (first visit) patient to services for home infusion therapy of Methylprednisolone.
- On initial visit, assess patient for learning readiness and caregiver support for self-administration to complete therapy in the home.
- Complete Skilled Nurse Visit with each infusion for ongoing home infusion therapy of Methylprednisolone.
- Instruct patient/caregiver(s) on medication administration and line care.
- Obtain vital signs (TPR & B/P) at baseline and at completion of infusion.
- Obtain patient weight at each visit.
- Establish IV access and flush per policy to maintain patency.
- Draw labs as ordered.
- Reconstitute each vial of Methylprednisolone with 16 mL sterile water.
- Add reconstituted medication to prepared bag of sodium chloride 0.9% (NS) 250 mL.
- Infuse Methylprednisolone as prescribed.
- Once infusion complete, flush IV line with sodium chloride 0.9% (NS) as prescribed.
- If vital signs are stable after infusion, Skilled Nurse will discontinue IV access and complete visit. When appropriate, IV access may be left in place for the entire course of therapy.

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FOR MHS HOME/ALTERNATE SITE INFUSION SERVICES USE ONLY

**Patient Identification:**

Name:  
MRN:  
DOB:

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MultiCare

**If Hypersensitivity Reaction Develops (fever, chills, hypotension, rigors, itching, rash, etc.):**

The Skilled Nurse will:

- STOP THE INFUSION.
- Administer emergency medications as prescribed (below).
- For mild infusion reaction, may restart the infusion at a slower rate (verified with pharmacist) if symptoms resolve with medication.
- Contact Emergency Medical Services (EMS/911) if indicated.
- Increase vital sign monitoring to every 5 minutes.
- Contact provider via emergency phone number for additional instructions.
- Notify MHS Home/Alternate Site Infusion Pharmacist AND Nurse Supervisor.

**Emergency Medications:** To be administered by skilled nurse as needed for hypersensitivity reactions.

- **Diphenhydramine 50 mg/mL solution:** Inject **0.5 mL** (25 mg) into the vein via slow IV push over at least 2 minutes as needed for rash, itching, hives, flushing of skin, and/or mild-to-moderate hypersensitivity reaction. May give IM if no IV access is available. Max dose = 50 mg.
- **Methylprednisolone sodium succinate (SOLU-MEDROL) 125 mg/2 mL solution:** Inject **2 mL** (125 mg) into the vein as a slow IV push over at least 3 minutes once, as needed for hives, flushing of the skin, shortness of breath, chest tightness, tachycardia (HR>140 bpm), and/or moderate-to-severe hypersensitivity reaction. May give IM if no IV access is available.
- **EPINEPHrine (Adrenalin) 1 mg/mL solution:** Inject **0.3 mL** (0.3 mg) intramuscular every 5-15 minutes as needed (maximum 3 doses) for severe allergic reaction or anaphylaxis AND call 911 and provider.
- **Acetaminophen (Tylenol) 325 mg tab:** Take **2 tablets** (650 mg) by mouth as needed for fever (PRN for temperature > 101F/38.3C) and/or mild-to-moderate hypersensitivity reaction.
- **0.9% NaCl (NS) solution:** Infuse **500 mL** into the vein via gravity as needed at a rate needed to maintain IV access.
- **Oxygen:** Initiate oxygen by RN PRN chest pain or dyspnea to keep SpO<sub>2</sub>>90%. For 1-6 LPM, use NC. For 6-10 LPM, use simple mask.

**Code Status:** Please note, patients will be considered FULL Code unless marked otherwise. If the patient has a POLST, advance directive or living will, please include a copy with the orders.

Was consent obtained:  Yes  No (if yes, please send DOCUMENTATION of consent with order)

I certify that this patient is safe and appropriate to receive therapy from Home Infusion Services.

**Provider Signature:** \_\_\_\_\_ **Printed Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**NPI:** \_\_\_\_\_ **Orders expire in 12 months unless otherwise specified:** \_\_\_\_\_

**Provider/Clinic Information:**

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Fax#: \_\_\_\_\_

**Return completed orders to:**

MultiCare Home/Alternate Site Infusion Services  
253-459-6650 (phone) / 253-864-2785 (fax)

FOR MHS HOME/ALTERNATE SITE INFUSION SERVICES USE ONLY

**Patient Identification:**

Name:  
MRN:  
DOB:

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