



## MultiCare Surgery Center - Puyallup

**Your doctor has scheduled you for surgery at MultiCare Surgery Center - Puyallup, a Washington State-licensed, Medicare-certified, and AAAHC-accredited Ambulatory Surgery Center.**

**Follow your surgeon's instructions for not eating or drinking prior to your surgery** (that includes: gum, candy, mints and throat lozenges). If you smoke, refrain from smoking three (3) weeks prior to your surgery date. If you are having total joint replacement surgery, **STOP USE OF ALL TOBACCO AND NICOTINE PRODUCTS THREE (3) WEEKS PRIOR TO SURGERY.** This includes snuff, vaping, cannabis, etc.

Patients undergoing general anesthesia must refrain from using chewing tobacco 24 hours prior to surgery.

If you take medication to manage diabetes, contact the doctor who prescribed your medication to determine the medication dose you may need, for the night before and day of surgery.

On the day of your surgery, only take medications as instructed by your doctor.

Patients (children or adults) who begin to run a fever over 100 degrees, have a productive cough, general cold symptoms, vomiting or diarrhea 48 hours prior to surgery should contact their surgeon immediately as surgery may need to be rescheduled.

**A parent or guardian of any child under the age of 18 having surgery must remain in the surgery center for the entire time the child is at the center.** (someone 18 years of age or older)

Any patient having sedation or anesthesia in our center will need to be accompanied by a responsible adult who must be present at the facility before discharge and accompany them home. Patients should also have a responsible adult available to them for up to 24 hours after surgery. Using a bus or car sharing service, such as Lyft or Uber, for transportation is not permitted for your safety.

You will need a picture ID, your medical insurance card and any payment due for your surgery. Please leave all other valuables and jewelry at home. We will contact you prior to the scheduled procedure to discuss any financial responsibility you may have.

Note that your surgery may be rescheduled if any of the above guidelines are not met.

**Thank you for entrusting us with your surgery. We look forward to providing you with excellent patient care!**

### MultiCare Surgery Center - Puyallup

1519 3rd St. SE, Suite 240  
Puyallup, WA 98372

### More Information

Main: 253-845-0757

