

Interventional Pain Management

<p>Candidate Who can be referred?</p>	<p>Water's Edge sees all kinds of chronic pain patients. Severe acute pain patients can also be referred – including acute radiculopathy, nerve injury, severe trauma, and those patients at risk of developing chronic pain.</p> <p>Patients ages 18 and older (if younger, please call and can be evaluated on an individual basis).</p> <p>Water's Edge does NOT offer: Addiction Medicine. We can help collaboratively manage patients who have substance abuse issues and chronic pain, primarily with non-opioid management.</p>
<p>Work-up What is required?</p>	<p>Patients are required to have a referral and should, in most cases, already be established with a primary care physician or advanced practice provider (nurse practitioner or physician assistant).</p>
<p>Location Where will the patient be seen?</p>	<p>Water's Edge – Memorial's Pain Relief Institute 1460 N. 16th Ave. Suite D Yakima, WA 98902</p> <p>Phone: 509-746-3000</p>
<p>Services What clinical services and procedures are offered?</p>	<p>Both interventional pain management as well as medication management</p> <ul style="list-style-type: none"> • Interventions include a wide variety of pain procedures utilizing fluoroscopic and ultrasound guided injections. Procedures may be diagnostic or therapeutic (e.g., radiofrequency ablation of nerves.) • Chronic pain management including consultations, and medication management in appropriate individuals. • Cancer pain management. <ul style="list-style-type: none"> • Spinal stimulators, intrathecal pain pumps, Verti-flex and evaluation for peripheral nerve stimulators. • Chronic headache management and botulinum toxin injections. • Spasticity management including intrathecal baclofen pumps (in collaboration with Lakeview Physical Medicine & Rehabilitation.) • Regenerative Medicine including platelet rich plasma injections (PRP)
<p>Collaboration How will we coordinate care for the patient?</p>	<ul style="list-style-type: none"> • Our goal is to send regular progress notes and information to the primary care team and referring provider. • We meet on a regular basis in "pain conference" to discuss complex patients, and to send specific recommendations back to the primary care team. • We work closely with our community colleagues, physical therapists/allied health, other musculoskeletal specialists in the area, and with MultiCare Yakima Memorial Hospital.
<p>Referral How do we refer?</p>	<p>Epic users can send referrals using code: REF250 for new patient consults, or Referral number REF377 for evaluations for interventional procedures.</p> <p>Non-Epic users can fax referrals to the Yakima Centralized referral center. 509-249-4450. If there are questions, please call the main office at 509-746-3000.</p>

Meet our specialists:



Henry Kim, MD

Board certification: Physical Medicine & Rehabilitation and Pain Medicine

Education: Medical school at Loma Linda University, CA, residency in Internal Medicine and Physical Medicine & Rehabilitation at Loma Linda University, and Pain Medicine fellowship at Loma Linda University

Special interests: Chronic pain management with interest in spinal procedures. Use of both fluoroscopy and ultrasound guidance for interventional procedures.



Joe Kim, MD

Board certification: Anesthesiology and Pain Medicine

Education: Medical school at Loma Linda University, CA, residency at Columbia University in New York, and fellowship at Johns Hopkins University

Special interests: Interest in fluoroscopically guided spinal interventions. Neuro-modulation with spinal cord stimulators. Lifestyle education in the prevention and recovery of chronic pain. Able to perform advanced procedures such as CT guided injections and chemical ablations (phenol).



Daniel Kwon, MD

Board certification: Physical Medicine & Rehabilitation and Pain Medicine

Education: Medical school at Loma Linda University, CA, residency in Physical Medicine & Rehabilitation at Loma Linda University, and Pain Medicine fellowship at Loma Linda University

Special interests: Spinal interventions including fluoroscopic guided injections. Radiofrequency ablation/rhizotomies for chronic neck, back, sacral, knee and other painful conditions. Also implants and manages intra-thecal therapies (implanted pumps) and spinal cord stimulators.



Thomas Gedulig, DO

Board certification: Anesthesiology and Pain Medicine

Education: Medical school at A.T. Still University, Kirksville, MO, Anesthesiology residency at University of Connecticut, and fellowship in Pain Medicine at Washington University in St. Louis

Special interests: Fluoroscopic guided spinal interventions as well as ultrasound guided procedures. Trained in the latest techniques of neuro-modulation including spinal cord stimulators and peripheral nerve stimulators.



Karen Trujillo, PsyD

Education: Northwest University (Kirkland, WA)

Special interests: psychological evaluations and evidence-based interventions to help individuals effectively manage chronic pain. She offers therapeutic support for patients experiencing chronic pain, anxiety, depression and a reduced quality of life.

				
Caroline Clark, ARNP	Wayne Clark, ARNP	Jeff Cowman, PA-C	Julie Carlton, PA-C	John Brisson, PA-C