

Physical Therapy

<p>Candidate <i>Who can be referred?</i></p>	<p>Youth ages 10+ adults.</p>
<p>Work-up <i>What is required?</i></p>	<p>Referral</p>
<p>Location <i>Where will the patient be seen?</i></p>	<p>MultiCare Yakima Memorial Lakeview 1470 N. 16th Ave. Yakima, WA 98902 Phone: 509-746-3055 Fax: 509-249-4453</p>
<p>Services <i>What clinical services and procedures are offered?</i></p>	<ul style="list-style-type: none"> • Orthopedic joint rehabilitation • Oncology rehabilitation and cancer exercise • Vestibular and vertigo treatment • Pregnancy related pain • Balance and fall prevention • Post Covid/ long Covid rehabilitation • Chronic pain • Low back pain • Motor vehicle accident rehabilitation • Parkinson's • Post-Concussion syndrome • Living with chronic conditions including RA and fibromyalgia and other
<p>Collaboration <i>How will we coordinate care for the patient?</i></p>	<p>We can provide notes in Epic, or direct physician to physician phone calls.</p>
<p>Referral <i>How do we refer?</i></p>	<p>Our team uses the Epic electronic health record (EHR), and Epic users can send referrals using code: REF048 Non-Epic users can fax referrals to 509-249-4453. For Urgent and STAT referrals, please contact Lakeview directly at 509-574-6050.</p>

Meet our specialists

	<p>Ryan Sprunger, PT, DPT Lakeview Physical Therapy Special interests: in chronic condition rehabilitation including back pain, concussion syndrome, rheumatoid arthritis, Ehlers Danlos syndrome, long covid, fibromyalgia, and chronic whiplash. In-depth patient interviews and chart review for improved quality of life despite diagnosis or trauma.</p>
	<p>Shana Mattson, PT, DPT, COMS, CES Lakeview Physical Therapy Certified: Cancer Exercise Specialist and Orthopedic Movement Specialist Special interests: pregnancy related and postpartum pelvic and back pain. Works to improve mobility, stamina, balance, and wellness in each patient she sees.</p>
	<p>Blake Hummel, PT, DPT Lakeview Physical Therapy Special interests: vestibular rehabilitation and orthopedics as well as outpatient neurologic rehabilitation. Working to improve balance and gait in Parkinson's, CVA, and others. Works closely with in-house physiatry to maximize benefits of therapy.</p>