

## Rheumatology

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| <p><b>Candidate</b><br/>Who can be referred?</p> | <ul style="list-style-type: none"> <li>• Adults ages 18+</li> <li>• Confirmed or highly suspected rheumatologic condition.</li> <li>• Conditions <b>not</b> evaluated are unspecified pain, swelling, chronic fatigue, fibromyalgia, multiple joint pain, osteoarthritis, myalgia, arthralgia, DJD, non-inflammatory back pain, hypermobility syndromes, and osteoporosis.</li> </ul>  |
| <p><b>Work-up</b><br/>What is required?</p>      | <p>Chart notes supporting a specific rheumatologic condition, current (within six months) lab work up required</p> <p><b>Known psoriasis with concern for psoriatic arthritis</b></p> <ul style="list-style-type: none"> <li>○ Required labs/evaluation:             <ul style="list-style-type: none"> <li>○ Erythrocyte sedimentation rate (ESR)</li> <li>○ C-reactive protein (CRP)</li> </ul> </li> </ul> <p><b>Refractory gout</b> (gout that has not responded to urate lowering therapy or with severe, tophaceous disease)</p> <ul style="list-style-type: none"> <li>○ Please include prior medication trials, doses in consult request</li> <li>○ Required labs/evaluation:             <ul style="list-style-type: none"> <li>○ Serum uric acid</li> <li>○ Comprehensive metabolic panel</li> <li>○ CBC with differential</li> </ul> </li> </ul> <p><b>Small joint arthritis</b> (hands and feet).<br/>Example diagnoses: RA, Sjogrens, psoriatic arthritis, lupus</p> <ul style="list-style-type: none"> <li>○ Required labs/evaluation:             <ul style="list-style-type: none"> <li>○ Rheumatoid factor RF</li> <li>○ Anti-cyclic citrullinated peptide (CCP or ACPA)</li> <li>○ Erythrocyte sedimentation rate (ESR)</li> <li>○ C-reactive protein (CRP)</li> </ul> </li> </ul> <p><b>Large joint arthritis</b> (eg knees, hips, shoulders)<br/>Example diagnoses: RA, PMR, gout, pseudogout, psoriatic arthritis, other spondyloarthritis</p> <ul style="list-style-type: none"> <li>○ Required labs/evaluation:             <ul style="list-style-type: none"> <li>○ Rheumatoid factor RF</li> <li>○ Anti-cyclic citrullinated peptide (CCP or ACPA)</li> <li>○ Erythrocyte sedimentation rate (ESR)</li> <li>○ C-reactive protein (CRP)</li> <li>○ Uric acid</li> </ul> </li> </ul> <p><b>Inflammatory back pain</b> (worse with rest, improves with activity, typically in patient &lt;50 years old)<br/>Example diagnoses: Ankylosing spondylitis, Inflammatory bowel disease related</p> <ul style="list-style-type: none"> <li>○ Required labs/evaluation:             <ul style="list-style-type: none"> <li>○ Erythrocyte sedimentation rate (ESR)</li> <li>○ C-reactive protein (CRP)</li> <li>○ HLA-B27</li> </ul> </li> </ul> |

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|   | <p><b>Rash/skin changes plus arthritis or other systemic features</b> -- if rash only, please discontinue and place dermatology consult).</p> <p>Example diagnoses: Lupus, Sjogrens, MCTD, scleroderma, psoriatic arthritis</p> <ul style="list-style-type: none"> <li>○ Required labs/evaluation:             <ul style="list-style-type: none"> <li>○ Erythrocyte sedimentation rate (ESR)</li> <li>○ C-reactive protein (CRP)</li> <li>○ ANA by IFA with profile</li> </ul> </li> </ul> <p><b>Inflammatory muscle disease</b> (muscle weakness with or without rash)</p> <p>Example diagnoses: Dermatomyositis, polymyositis</p> <ul style="list-style-type: none"> <li>○ Required labs/evaluation:             <ul style="list-style-type: none"> <li>○ Creatine phosphokinase (CPK)</li> <li>○ Aldolase</li> <li>○ AST</li> <li>○ ALT</li> <li>○ Lactate dehydrogenase</li> <li>○ Erythrocyte sedimentation rate (ESR)</li> <li>○ C-reactive protein (CRP)</li> </ul> </li> </ul> <p><b>Constitutional symptoms or multi-organ dysfunction concerning for Vasculitis</b></p> <p>Example diagnoses: Giant cell/Temporal arteritis, ANCA associated vasculitis, IgA vasculitis</p> <ul style="list-style-type: none"> <li>○ Required labs/evaluation:             <ul style="list-style-type: none"> <li>○ Erythrocyte sedimentation rate (ESR)</li> <li>○ C-reactive protein (CRP)</li> <li>○ ANCA antibodies (p-ANCA, c-ANCA, MPO, PR3)</li> <li>○ ANA by IFA with profile</li> </ul> </li> </ul> |
| <p><b>Location</b><br/>Where will the patient be seen?</p>                    | <p><b>MultiCare Yakima Memorial Lakeview</b><br/>1470 N. 16th Ave.<br/>Yakima, WA 98902<br/>Phone: 509-746-3057<br/>Fax: 509-225-2714</p>  |
| <p><b>Services</b><br/>What clinical services and procedures are offered?</p> | <p><b>Focus on diagnosis and treatment of the following autoimmune diseases:</b></p> <ul style="list-style-type: none"> <li>• Gout</li> <li>• Rheumatoid Arthritis</li> <li>• Psoriatic Arthritis</li> <li>• Polymyalgia Rheumatica</li> <li>• Ankylosing Spondylitis</li> <li>• Systemic Lupus</li> <li>• Giant Cell (Temporal) Arthritis</li> <li>• Sjogren's Syndrome</li> <li>• Scleroderma</li> <li>• Mixed connective tissue disease</li> <li>• Vasculitis</li> <li>• Giant Cell (Temporal)Arteritis</li> <li>• ANCA associated Granulomatosis with polyangiitis</li> <li>• Microscopic polyangiitis</li> <li>• Polyarteritis nodosa</li> <li>• Takayasu Arteritis</li> <li>• Inflammatory Myositis</li> <li>• Relapsing Polychondritis</li> </ul>   |
| <p><b>Care Communication</b></p>  | <p>We can provide notes in Epic, or direct physician to physician phone calls.</p>   |

## Referral

How do we refer?

Our team uses the Epic electronic health record (EHR), and Epic users can send referrals using code:

**REF056**

Non-Epic users can fax referrals to 509-225-2714.

For Urgent and STAT referrals, please contact Lakeview directly at 509-574-6000.

## Meet our specialists



### De-Ann Rose Williams, MD

**Lakeview Rheumatology**

**Board certification:** Internal Medicine and Rheumatology

**Education:** Internal Medicine residency at State University of New York Health Sciences Center (SUNY), Brooklyn and fellowship at University of Massachusetts Medical School

**Clinical interests:** Systemic lupus erythematosus, Rheumatoid arthritis, psoriatic arthritis, and gout



### Timothy Rinden, DO

**Lakeview Rheumatology**

**Board certification:** Internal Medicine with fellowship training in Rheumatology

**Education:** Medical School at Pacific Northwest University of Health Sciences, Internal Medicine Residency at Hennepin Healthcare, and fellowship at University of Minnesota

**Special interests:** Crystalline arthropathies, Rheumatoid arthritis, myositis