

Fixed Staffing Matrix

Minimum means the minimum number of RNs, LPNs, CNAs, and UAPs per shift based on the average needs of the unit such as patient acuity, staff skill level, and patient care activities. If a unit does not utilize certain staff for that shift please put "0", do not leave it blank.

Unit/ Clinic Name:	Birth Center, ADC 6					
Unit/ Clinic Type:	Women's Services					
Unit/ Clinic Address:	3900 Capital Mall Drive SW, Olympia, WA 98502					
Effective as of:	1-Jan-25					
Day of the week						
Day of the week	Shift Type	Shift Length in Hours	Min # of RN's	Min # of LPN's	Min # of CNA's	Min # of UAP's
Monday-Sunday	Day (0700-1930)	12	3	0	0	1
	Night (1900-0730)	12	3	0	0	1

Unit Information

Additional Care Team Members

Occupation	Shift Coverage			
	Day	Evening	Night	Weekend
Charge RN/Nurse Leader	24/7 (included in plan)	24/7 (included in plan)	24/7 (included in plan)	24/7 (included in plan)
ORTECH (UAP)	1 required at all times, will vary with census and surgery schedule, included in staffing plan as UAP	1 required at all times, will vary with census and surgery schedule, included in staffing plan as UAP	1 required at all times, will vary with census and surgery schedule, included in staffing plan as UAP	1 required at all times, will vary with census and surgery schedule, included in staffing plan as UAP

Factors Considered in the Development of the Unit Staffing Plan (Check all that apply):

Activity such as patient admissions, discharges, and transfers

Description:
 Fixed Staffing is 3-4 RNs and 1 OR Tech 24/7. Staffing will have variances with census, scheduled surgeries, active labor with pitocin, magnesium sulfate administration, inductions, boarder babies, readmitted postpartum patients, and post-operative clean gynecological patients and will adjust accordingly.

Patient acuity level, intensity of care needs, and the type of care to be delivered on each shift

Description:
 Women's Services aka Birth Center is an 11-bed unit providing care 24/7/365 days a year. The unit is comprised of OB triage, labor and delivery, Mother Baby postpartum, and GYN patients. The unit provides care for the following groups: Pregnant women, Postpartum Mothers and their Newborns, Post-operative Gynecological patients, and those meeting criteria for a mother-baby unit.
 This unit cares for obstetric patients at 35 weeks gestation and above. Obstetric patients under 35 weeks gestation will be stabilized and transferred to a higher level of care if unstable. If immediate delivery is in the best interest of mother and infant, then delivery and stabilization will occur prior to transport to a higher level of care. Newborns at 35 weeks and greater that meet Washington DOH Level I metrics. Staffing according to AWHONN guidelines. Adult gynecological post op surgical patients with infection or rule out of infection symptoms. Patient nurse ratio varies according to condition and labor requirements. (Includes 1:1, 1:2, up to 1:6- which is three mother/baby couplets).

Skill mix

Description:

Interventions performed on this unit can include doppler or electronic fetal monitoring of the pregnant patient, sterile vaginal exams, glucose monitoring via POCT, non-stress tests, serial blood pressure monitoring in the antepartum, external version, cervical ripening, induction of labor, spontaneous and operative vaginal deliveries as well as cesarean deliveries, care of the immediate post-partum patient, and stabilization of the newborn. Care of the post-operative female for low risk surgeries without signs of infection. (Cardiac monitoring is not available).

Treatments include but not limited to medication administration, intravenous therapy, blood and blood product administration, labor and induction care with positioning and techniques, and pre and post- surgical care. Lactation evaluation, assessment and support. Limited respiratory support of the neonate, intravenous therapy, medication management, and bilirubin treatment. Post op surgical gynecological patients are monitored for pain, infection, and bleeding in addition to return of gastric motility and bladder function.



Level of experience of nursing and patient care staff

Description:

Registered Nurse Washington License, or equivalent. Must have completed nurse residency program or Fellowship program without prior Labor and Delivery experience. Labor and Delivery experience over one year otherwise. Certified in NRP, BLS and EFM a plus. Surgical Tech with over a year experience in scrubbing for C/Sections, D and C, Tubules, and hysterectomies. Certified surgical technician preferred, unless grandfathered in over the years.



Need for specialized or intensive equipment

Description:

Spinning Baby or equivalent class is preferred for peanut use in labor. Breastfeeding class required without experience for using breast pumps. Hospital orientation on all specialized or intensive equipment during orientation.



Architecture and geography of the unit such as placement of patient rooms, treatment areas, nursing stations, medication preparation areas, and equipment

Description:

Rooms 402-412 are LDRP rooms used for all laboring or triage patients. Rooms 406 and 408 are used for triage rooms with a gurney instead of a labor bed that can easily be changed out. Rooms 415, 416, 418, and 419 are used for readmits, antepartum, gynecological patients, boarder babies and their families. There are two OR's: OR1 and OR2. The nursing station is in the middle of the entire floor with the stabilizing nursing attached, along with supply room and med room. Equipment is stored in the patient rooms in locked closets or in the supply rooms in the middle of the floor. The medication room is off of the nurses station and is locked with a pyxia and pyxis refrigerator, along with the breastmilk refrigerator, and prep area for medications and breastmilk along with supplies needed.



Other

Description:

The directors office is in room 421. The educator (NPD) and Clinical Assistant Nurse Manager share room 420 as their office. The Lactation Consultant's room is beside Room 407 and is used for both in-patient and out-patients. There are sleep rooms for CNMs it is off of the nutrition room, anesthesia has a sleep room in room 417, and the providers sleep room is beside the NNP sleep room by the locked doors that go to the physicians pavilion (between 417 and 418). There are female and male locker rooms with showers and toilets in both rooms. They are located by the back elevators and the two ORs. The nutrition room for families is by the staff lounge by the nurses station. We have a waiting room beside the main entrance of the unit. To get into the unit one must call on the phone outside the door by the main elevators.