

MultiCare Orthopedics & Sports Medicine – Auburn & Covington

<p>Candidate Who can be referred?</p>	<p>Patients 17+</p>		
<p>Work-up What is required?</p>	<ul style="list-style-type: none"> • X-rays and MRIs required for consults by some surgeons — you'll be advised at scheduling • Trial of PT if initial standard of care for injury • Not required: Conservative treatment and advanced imaging 		
<p>Location Where will the patient be seen?</p>	<table border="0"> <tr> <td style="vertical-align: top;"> <p>MultiCare Orthopedics & Sports Medicine – Auburn 121 N. Division St., Suite 310 Auburn, WA 98001</p> </td> <td style="vertical-align: top;"> <p>MultiCare Orthopedics & Sports Medicine – Covington 17700 SE 272nd St., Suite 105 Covington, WA 98042</p> </td> </tr> </table>	<p>MultiCare Orthopedics & Sports Medicine – Auburn 121 N. Division St., Suite 310 Auburn, WA 98001</p>	<p>MultiCare Orthopedics & Sports Medicine – Covington 17700 SE 272nd St., Suite 105 Covington, WA 98042</p>
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<p>Services What clinical services and procedures are offered?</p>	<ul style="list-style-type: none"> • Hip preservation (hip arthroscopy, labral repairs, treatment of hip impingement/FAI, pelvic and femoral osteotomies for dysplasia, proximal hamstring and gluteal tendon tears) • New ACL reconstruction and meniscal repair (and other sport-related knee injuries) • Nonsurgical musculoskeletal care, sport-related concussion, regenerative medicine (PRP injection, prolotherapy) and ultrasound-guided injections) • Joint replacement surgery for shoulder, hip and knee • Hand and upper extremity surgery • PRP injections for tendon injuries and arthritis • Treatment of orthopedics trauma and general orthopedic conditions • Treatment of fractures and other musculoskeletal injuries of the upper and lower extremities <p>Advanced Robotic Technology: Both Auburn Medical Center and Covington Medical Center feature the ROSA Knee robotic system.</p>		
<p>Collaboration How will we coordinate care for the patient?</p>	<p>Our team uses the Epic electronic health record (EHR).</p> <ul style="list-style-type: none"> • For physicians and providers using Epic, you'll be copied on all notes related to the patient. • For physicians and providers outside Epic, notes will be faxed to you. • Our physicians may be contacted at 253-792-6555. 		
<p>Referral How do we refer?</p>	<ul style="list-style-type: none"> • Epic users may refer to: MC ORTHO AND SPORTS MED • Outside referrals, fax to 253-864-2904 or call 253-792-6555. • Most insurance plans accepted. Prior authorization needed for TriCare, United Healthcare NPN and US Family Health plans. 		

Meet our specialists

MultiCare Orthopedics & Sports Medicine is composed of board-certified and sub-specialty fellowship-trained orthopedists who will partner with you in the care of your patients.

We offer same-day and next-day appointments.



Brian Hill, MD

Auburn, West Tacoma

Board certification: Sports Medicine, Family Medicine

Special interests: Sports medicine, injury prevention and sports-related concussions



Issei Komatsu, MD

Auburn, Good Samaritan

Board certification: Orthopedic Surgery

Special interests: Fracture care and surgery for hand, wrist, elbow and shoulder; plastic surgery for hand and upper extremities

PA-C: Liliya Golub



Kevin Lawson, MD

Covington, Auburn

Board certification: Orthopedic Surgery

Special interests: Surgical revision of previous hip or knee replacement, management of hip and knee arthritis, and treatment of orthopedic fragility fractures

PA-C: Kristen Roberts

Professional training: Robotic surgery



Rufus Van Dyke, MD

Auburn, Covington

Board certification: Orthopedic Surgery

Special interests: Shoulder and elbow surgery, fracture care, knee arthroscopy and upper extremity problems



Linnea Welton, MD

Auburn, Covington

Board certification: Orthopedic Surgery

Special interests: One of few surgeons who can perform complex arthroscopy and one of even fewer who perform complex realignment procedures of the pelvis and femur

PA-C: Krista Guyll



Jason Lippman, MD

Covington, Good Samaritan

Board certification: Orthopedics Sports Medicine

Special interests: In addition to treating exercise-related conditions, he treats a wide range of musculoskeletal injuries, including bone fractures, Achilles tendon pain, tennis elbow, golfer's elbow, carpal tunnel syndrome, and plantar fasciitis

Access APPs

Our Access APPs provide timely care for unplanned injuries or ailments directly related to the body's bone, joint, and soft tissue structures. Our Access APPs specialize in care for orthopedic injuries and musculoskeletal issues. Examples include:

- Sprains/Strains
- Fractures
- Sports Injuries
- Acute joint pain
- Injuries to the shoulder, knee, foot/ankle, and hand/wrist

They provide the following services to treat your immediate orthopedic needs:

- X-Ray, bracing and casting
- If follow-up care is needed, it will be scheduled at that office.



Benjamin Hillman, PA-C

Auburn, Covington

Board certification: National Commission on Certification of Physician Assistants (NCCPA)

Special interests: Fractures, Osteoarthritis, Nerve entrapment syndromes in upper extremity, Tendinitis/tenosynovitis in upper extremity, Cortisone injections for hip bursitis and knee osteoarthritis



Rachel Mjelde, PA-C

Auburn, Covington

Board certification: National Commission on Certification of Physician Assistants (NCCPA)

Special interests: Ortho trauma surgery, Complex fracture reconstructive surgery, Bone grafting, Wound care and management of soft tissue injuries, Joint injections and aspirations.