

Inspire Therapy or Hypoglossal Nerve Stimulation

<p>Candidate Who can be referred?</p>	<p>18 + years BMI less than 40 Moderate to Server OSA with an AHI between 15-100 Less than 25% central/mixed apnea Unable to tolerate CPAP</p>
<p>Work-up What is required?</p>	<p>Referral to MultiCare Rockwood Ear, Nose & Throat Center (Brian Mitchell, DO)</p>
<p>Location Where will the patient be seen?</p>	<p>MultiCare Rockwood Ear, Nose & Throat Center 601 West 5th Ave, Suite 301 Spokane, WA, 99204 Phone: 509-342-3350 Fax: 509-342-3377</p>
<p>Services What clinical services and procedures are offered?</p>	<ul style="list-style-type: none"> • There's a new treatment option we're offering at MultiCare Rockwood Ear, Nose & Throat Center for patients looking for an alternative to CPAP – Inspire Therapy or Hypoglossal nerve stimulation. • It's a mask-free solution for people with obstructive sleep apnea who have tried and struggled with CPAP. • In contrast to CPAP, Inspire or hypoglossal nerve stimulation works inside the body with the natural breathing process. It's a small device, inserted just under the skin during an outpatient procedure. It delivers gentle stimulation to key airway muscles to keep the airway open during sleep.
<p>Collaboration How will we coordinate care for the patient?</p>	<p>Our team uses the Epic electronic health record (EHR).</p> <ul style="list-style-type: none"> • For physicians and professional providers using Epic, you'll be copied on all notes related to the patient. For physicians and professional providers outside Epic, notes will be faxed to you.
<p>Referral How do we refer?</p>	<ul style="list-style-type: none"> • Epic users may refer to MultiCare Rockwood Ear, Nose & Throat Center with this code: (RWC DMOB AUDIOLOGY AND ENT - Department ID 100168) • Outside referrals, fax 509-342-3377. <p>Check with your insurance to see if prior authorization is needed.</p>

Meet our
specialists



Brian Mitchell, DO - Otolaryngology, Plastic & Reconstructive Surgery, Osteopathy

Certification: American Board of Otolaryngology - Head and Neck Surgery

Professional school: Des Moines University - College of Osteopathic Medicine

Residency: Oklahoma State University

Fellowship: University of Indiana

Special Interests:

- General adult and pediatric otolaryngology
- Thyroid and parathyroid surgery
- Voice and laryngeal disorders
- Salivary gland surgery and salivary endoscopy
- Sleep apnea - surgical and non-surgical management



Karen Alexander, PA-C - Otolaryngology, Speech-Language Pathology

Professional school: University of Washington (Spokane, WA)

Special Interests: Karen has a background in medical speech language pathology and clinical interests include throat, swallowing, voice, and hearing disorders.