

## MultiCare Capital Urology

<p><b>Location</b> Where will the patient be seen?</p>	<p><b>MultiCare Capital Urology</b> 601 McPhee Rd SW, Building 1 Olympia, WA 98502</p> <p style="text-align: right;"><b>Phone:</b> 360-596-4614 <b>Fax:</b> 360-596-4615</p>
<p><b>Services</b> What clinical services and procedures are offered?</p>	<p><b>Prostate cancer screening</b></p> <ul style="list-style-type: none"> <li>Shared decision making encouraged in men ages 55-69</li> <li>Screening entails PSA/DRE every 1-2 years</li> </ul> <p><b>BPH</b></p> <ul style="list-style-type: none"> <li>Obstructive symptoms (weak stream, difficulty starting, intermittency) trial alpha blocker 4-6 weeks</li> <li>Irritative symptoms (urgency, frequency, nocturia) trial anticholinergics or beta 3 agonist (Myrbetriq) x 3 months</li> <li>If patients remain unsatisfied, refer to urologist</li> <li>Many new and exciting minimally invasive prostate procedure are available</li> </ul> <p><b>Microscopic hematuria</b></p> <ul style="list-style-type: none"> <li>Always obtain microscopic analysis, POC UA not sufficient</li> <li>Refer if &gt; 3 RBC/HPF</li> </ul> <p><b>Gross hematuria</b></p> <ul style="list-style-type: none"> <li>R/O UTI with culture</li> <li>20 per cent risk of GU malignancy</li> <li>Refer to urologist</li> </ul> <p><b>Kidney stones</b></p> <ul style="list-style-type: none"> <li>Obtain non contrast CT prior to referral</li> </ul> <p><b>Urologic malignancy</b></p> <ul style="list-style-type: none"> <li>Always refer</li> </ul> <p><b>Recurrent urinary tract infections</b></p> <ul style="list-style-type: none"> <li>AUA defines as &gt; 3 culture proven UTI's in the past year or 2 culture proven UTI's in 6 months</li> <li>Always obtain urine culture if infection is suspected</li> <li>Treatment goal is to reduce frequency – unlikely to prevent all infections</li> <li>Prevention – adequate hydration, OTC cranberry extract, methenamine 1 gm PO BID, vaginal estrogens, daily prophylactic antibiotic as last resort</li> <li>Refer to infectious disease for multi drug resistant organism</li> </ul> <p><b>Chronic foley or suprapubic catheter</b></p> <ul style="list-style-type: none"> <li>Change q4 weeks</li> <li>Always colonized with bacteria – only treat for infection if symptomatic (hematuria, urgency, frequency, fever, chills)</li> </ul> <p><b>Scrotal swelling</b></p> <ul style="list-style-type: none"> <li>Always obtain scrotal US</li> <li>Refer to urologist for hydrocele spermatocele or testicular mass present</li> <li>Refer to general surgery for hernias</li> </ul> <p><b>Renal cyst</b></p> <ul style="list-style-type: none"> <li>Simple renal cyst. Always benign. No follow up indicated.</li> <li>Complex renal cyst. May be malignant. Urology referral recommended</li> </ul>
<p><b>Robotics</b></p>	<p><b>Advanced Robotic Technology:</b> MultiCare Capital Medical Center features the da Vinci Xi for our experienced surgeons to use</p>
<p><b>Referral</b> How do we refer?</p>	<p>Courtesy referral is required for all patients.</p> <ul style="list-style-type: none"> <li>Epic users may refer directly to MultiCare Capital Medical Urology (Epic ID <b>REF061</b>).</li> <li>Providers outside of Epic, please fax to 360-596-4615 or call 360-596-4614.</li> </ul> <p>TriCare, MedAdvantage and US Family Health plans require prior authorization.</p>

Meet our specialists	
	<p><b>Richard N. Greene, MD</b> <b>Certification:</b> American Board of Urology <b>Professional School:</b> Wright State University School of Medicine <b>Residency:</b> Madigan Army Medical Center <b>Special Interests:</b> Treating benign prostatic hyperplasia using minimally invasive techniques that can significantly improve quality of life. <b>Professional training:</b> Robotic surgery</p>
	<p><b>Patrick Murray, MD</b> <b>Certification:</b> American Board of Urology <b>Professional School:</b> Virginia Commonwealth University School of Medicine <b>Residency:</b> Maine Medical Center <b>Special Interests:</b> BPH (enlarged prostate), kidney stones and cancers of the urinary tract. <b>Professional training:</b> Robotic surgery</p>
	<p><b>Amy Smith, PA-C</b> <b>Certification:</b> National Commission for the Certification of Physician Assistants <b>Professional School:</b> Clarkson University (Potsdam, NY) <b>Special Interests:</b> Urinary tract infections, kidney stones, BPH, erectile dysfunction and urinary incontinence.</p>
	<p><b>David Elkins, PA-C</b> <b>Certification:</b> National Commission for the Certification of Physician Assistants <b>Professional School:</b> Cook County Hospital Physician Assistant Program <b>Special Interests:</b> Men's health, men's sexual health, kidney stones, prostate cancer, BPH, urinary incontinence and infertility.</p>
	<p><b>Leslie Heggen, PA-C</b> <b>Certification:</b> National Commission for the Certification of Physician Assistants <b>Professional School:</b> Baylor College of Medicine - School of Allied Health <b>Special Interests:</b> Urological cancer care, voiding dysfunction, men's health, and kidney stones.</p>